



VOLUME 45 ISSUE 2

Swinomish Indian Tribal Community

KIYUUQ^ws SWƏDƏBŠ

SINCE 1966

ʔəsjuʔil yədwas əldat
us-joo-joo-eel yud-wos uth-dot
Happy Valentine's Day

səx^wpupuhig^wəd
blowing, windy

FEBRUARY 2011



Swədəbš Kiyuuq^ws Swədəbš Kiyuuq^ws Swədəbš kiyuuq^ws

Kiyuuq^ws**The Seagull**

An official
publication
of swədəbš

**Swinomish Indian
Tribal Community**

Officers:

Brian Cladoosby, Chairman
Barbara James, Vice Chair
Sophie Bailey, Secretary
Dianne Edwards, Treasurer
Allan Olson, General Manager

Tuk Tuk Luus

Senators:

Sophie Bailey
Sapelia

Brian Cladoosby
Spee pots

Dianne Edwards
Ya-so-litza II

Glen Edwards
Cha-das-cud II

Steve Edwards

Barbara James
Taləq talə II

Leon John
šm ʔk ʔ ʔʔ

Kevin Paul
Wa lee hub

Brian Wilbur

Tandy Wilbur
Wolfe

Chester Cayou, Jr.
Pay a huxton

The Kiyuuq^ws
deadline to get something into
the MARCH 2011 issue is

FEBRUARY 15TH

The Kiyuuq^ws

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Photos: Kee yoks kiyuuq^ws and submitted

This issue of the Kiyuuq^ws is
available on the Swinomish website.

<http://www.swinomish-nsn.gov/>

The on-line version of Kee yoks
is in full color.

Because we are now on the internet, when submitting information or photos, please be aware that everything published in Kee yoks will also be on the internet and available to the world. Please consider carefully whether anything you are submitting might have information or images that may not be appropriate for the internet. By submitting information or photographs to Kee yoks for publication, we consider that you are agreeing we can publish the information or photo in both the paper version of the Kee yoks and on the Swinomish Indian Tribal Community website.



"KEE YOKS Newspaper"

**Cover : Pull and Be Damned Sunset,
by Caroline Edwards**

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Kiyuuq^ws Mission

The mission of the kiyuuq^ws newspaper is to provide monthly communication to swədəbš, the Swinomish Indian Tribal Community, near and far. We are committed to serving as an apolitical forum for SITC governing officials and all community members. The newspaper is not intended to reflect the official position of the governing body of the Swinomish Indian Tribal Community, but rather reflects the ideas, events, and thoughts of individual community members and tribal staff. As such, the Swinomish Tribe makes no claim as to the accuracy or content of any of the articles contained therein.



SPEE-POTS

CHAIRMAN'S MESSAGE BY BRIAN CLADOOSBY

January 2011 is here and we are looking forward to a great year here in our community. Can you believe in 6 months the 2011 Swinomish Canoe Journey will be here?

Our community members, senators and staff have been working hard to prepare for this monumental event, and we cannot wait to see our Coast Salish people standing on the Swinomish beaches celebrating with us in July. I would like to remind everyone of our monthly Canoe Journey dinners that are being held in at the Swinomish Gym, as this is a great time for us to gather as family and friends as we prepare for this epic event. If you would like further information, please contact Aurelia Washington at 360-466-1359.

Swinomish is known locally, regionally and nationally for our excellent leadership, innovative programs and long history of strong government. It is often said that great governments start with a strong foundation of committed employees. We believe in our staff, and we are thankful for their experience and commitment to our members. You will often hear us share great appreciation for our staff, and today I ask you raise your hands to the Swinomish Police Department for their excellent services to our Swinomish Indian Tribal Community.

Only one tribal police department in Washington State has received accreditation from the Washington Association of Sheriffs and Police Chiefs (WASPC), and that is our own Swinomish Police Department. We are blessed to have Chief Tom Schlicker and his team of police officers protecting our community of over 700 members and doing their utmost to provide a safe place for all who live on our reservation.

The Swinomish Police Department, established by the authority of the Swinomish Tribal Senate, was recently awarded accreditation by WASPC. The accreditation process was established by WASPC to assist any Washington police department establish policies and procedures that meet standards based on law enforcement "best practices." Achieving accreditation is not mandatory, but when achieved and maintained, it assures that the strictest standards of Washington law enforcement practices are being followed in that department.

The accreditation process involves providing documentation and proof that over 130 standards are being followed to the letter. The final review is conducted by a panel of outside law enforcement assessors who "test" each of the standards. The process can take years to achieve and involves on-site reviews of facilities and policies, employee interviews and physical inspections. Once accreditation is achieved, the inspections are repeated every four years, to ensure that all practices continue to meet the WASPC standards.

To date, WASPC has awarded accreditation to 43 law enforcement agencies out of 269 in the State of Washington. These have been a combination of municipal, county and state agencies. Swinomish Police Department is the first and only tribal police agency in Washington State to have completed this review process. It is believed that the Swinomish Police Department is also only the second tribal police agency in the nation to receive accreditation.

Chief Schlicker, who has been chief since 1996, credits the diligent efforts of department employees in reaching the WASPC accreditation status. The sixteen man department serves the Swinomish Indian Tribal Community and persons within the Swinomish Indian Reservation. Most officers are also commissioned by the Skagit County Sheriff and have general police powers pursuant to RCW 10.92.020.



Police Chief Tom Schlicker and Swinomish General Manager Allan Olson display the Law Enforcement Agency Accreditation Award "in recognition of the Swinomish Police Department for successfully meeting the professional standards as outlined in the Washington Association of Sheriffs and Police Chiefs Law Enforcement Accreditation Program.

Nov 17, 2010"



Swinomish Water Resources Program

NATIVE PLANT OF THE MONTH

MOCK ORANGE



Landscape Value

The sweetly scented flowers of Mock Orange are a highlight of early summer. They bloom radiantly white against the gentle green of this graceful and hardy shrub, and the show can last for two months or more. This deciduous shrub will thrive in full sun or part shade and forms the kinds of thickets that birds love. Watch for bluebirds, juncos, and finches in its branches, and quail or grouse scratching the ground underneath. The gleam of the white flowers attracts night-flying moths, and swallowtail butterflies and hummingbirds enjoy its nectar. Plant it in a border, as a focal point, or as a screening hedge.

Mock Orange

Philadelphus Lewisii

Deciduous, green foliage with sweet smelling white blooms. Flowers have 4 petals.

- Height and spread vary (up to 15 ft), depending on growing conditions.
- Prune out older wood after flowering every year; this years branches will bear flowers next year.
- Loves to grow under Ponderosa Pine, and next to creeks.
- Divide root stock to propagate or allow seed pods to dry on plant; break open to collect seeds.

dxleSucid Tulalip Lushootseed Website: Fun, Interesting and Educational

If you are interested in the Lushootseed language and have never visited Tulalip's Lushootseed website, you're in for a treat. This interactive site is very easy to use. You can hear the words and phrases repeated, watch videos of classroom instruction at different age levels, learn songs and hear traditional stories told. If you have a recorder on your computer, you can send in your own pronunciation and receive feedback on how you are doing. This introduction to Lushootseed is found on the home page:

"Lushootseed is a member of the Salish language family, whose approximately twenty surviving languages are spoken from northern Oregon to central British Columbia, and from the Pacific coast eastward into Montana and along the British Columbia-Alberta border.

The Lushootseed-speaking region extends along the shores of Puget Sound from modern-day Olympia to the Skagit watershed and from Hood canal to the Cascades. The term "Northern " refers to the language as spoken by the Skagit, Swinomish, Sauk-Suiattle, Stillaguamish and neighboring peoples; "Southern Lushootseed," is that spoken by the peoples of Snoqualmie, Muckleshoot, Puyallup, Nisqually, Squaxin Island, Suquamish and their neighbors. *The Snohomish Lushootseed spoken at Tulalip exhibits features of both Northern and Southern language, though it is usually categorized as "Northern."* <http://www.tulaliplushootseed.com/>

(editor's note: italics have been added on the last sentence, because this fact may affect your Lushootseed education if you wish to learn only Northern Lushootseed.) Lushootseed classes are offered at Swinomish throughout the year.

Please call Carmen Pastores-Joe for more information: (Library) 360-466-7356 (Cell) 360-610-0021

Lushootseed classes are also offered at Skagit Valley College in Mt. Vernon, Northwest Indian College and the University of Washington. A Google search of "Lushootseed" will provide you with excellent background information, vocabulary and history. Middle and high school students: this is a great idea for a research paper!

Lushootseed Phrase of the Week

These are the Lushootseed phrases contained in the Tulalip Matters for the week of January 24th, 2011.

tuḥačad čəḥ.	<input type="button" value="Play"/>	Let's count.
ʔulub sʔaḥʔuʔ.	<input type="button" value="Play"/>	Ten clams.
ʔulub ʔi ti čuʔ sʔaḥʔuʔ.	<input type="button" value="Play"/>	Eleven clams.
ʔulub ʔi ti salíʔ sʔaḥʔuʔ.	<input type="button" value="Play"/>	Twelve clams.
ʔulub ʔi ti ʔixʔ sʔaḥʔuʔ.	<input type="button" value="Play"/>	Thirteen clams.
ʔulub ʔi ti buus sʔaḥʔuʔ.	<input type="button" value="Play"/>	Fourteen clams.
ʔulub ʔi ti cəlac sʔaḥʔuʔ.	<input type="button" value="Play"/>	Fifteen clams.

Grammar: In counting, "ʔulub ʔi ti ʔixʔ" means 10 and three. With this format you can go through the teens. sʔaḥʔuʔ, is also singular and plural.

Each phrase is said in Lushootseed, then English, and then repeated in Lushootseed three times, with a pause in between, giving people time to repeat the phrase.

You just click on the play button on the left (>) to hear the pronunciations.

Primary Election**Kevin Paul, Incumbent****Senate Seat #4****Wah lee hub****Kevin Paul**

17544 Pioneer Parkway P. O. Box 11470 La Conner,

Washington 98257

(360) 540-3906 (cell) ✧ tribalsenator(dyahoo.com)

*Photo by Wendy Otto*

December 28, 2010

Senate Secretary

Swinomish Indian Tribal Community

Dear Madam Secretary,

Please find below, my Goals and Objectives, if re-elected to the Tribal Senate:

I believe that our children's education is very important; as their success is the success of our tribe. By respecting the knowledge and wisdom of our elders, we work towards raising their standard of living through well-planned and thoughtful programs. The cultural program we have built for Swinomish is expressed through the Slahal Tournaments, the canoe races and family canoe journey. Years ago we had a festival here called Swinomish Days. Hopefully, with the work from the community, we can bring this back to Swinomish. One of the things I have done, as an elected official is to help our tribal members with tribal employment here at Swinomish. In our growing tribal economy, the contribution by tribal members is tremendous. They compliment the backbone of our tribe—our elders. The opportunity to assist our tribal members continues to be of utmost importance. If re-elected, I stand by the traditional principles of treasuring both our children and elders. Osium!

Respectfully submitted,

Kevin Paul

Primary Election

Darlene Peters

challenging Incumbent Kevin Paul Senate Seat #4

Photo by Wendy Otto



Dear Swinomish Tribal Community,

Greetings! My name is Darlene Frances Peters (Si-sai-sath). I am seeking election to seat 4 on the Swinomish Senate. As a leader, I am first and foremost a servant, willing to do the necessary work for the continued growth and development of our community. I intend to work diligently as a team member to build and maintain strong healthy relationships and community. As well as, work in partnership with all our existing Swinomish programs.

If elected to the senate, I will uphold the Swinomish Constitution and bylaws, work attentively and carefully on every issue, visit community members on a regular basis (especially our elders), present information at meetings on behalf of you and follow through with requests made. I believe one person makes a difference and as a team we can make an even greater difference.

When leaders make decisions, the question is, "What is best for the good of all?"

Goals and objectives

- > Create and display a "Wall of success" for all Swinomish graduates
- > Provide ongoing leadership and motivational workshops and trainings
- > Develop and implement a mentor program for our students
- > Hire a Native American Indian Para-Educator for each classroom at La Conner Schools
- > Provide full tuition and books scholarships for those pursuing high education and technical programs
- > Design and develop a website for learning Swinomish Lushootseed
- > Collaborate with teachers and staff at La Conner schools regarding our culture and traditional ways
- > Continue to improve and maintain two-way communication between senate, staff and our people
- > Expand the ways in which senate information is provided to our people
- > Design and build an improved docking area and locate an area for docking boats and gear
- > Design and construct an elder's assisted home care living facility and secure emergency funding availability
- > Increase the number of volunteers in our committees and community activities
- > Provide incentives for parents to attend parent groups and activities
- > Continue to increase the number of natives employed by our tribe and provide equal opportunity for tribal members to advance in their positions
- > Design and construct a building complex for haircuts, nails, pedicures, manicures, waxing, massages, coffee and tea
- > Design and construct a building for Sal-Hal (stick games) players
- > Design and build a sports complex: swimming, hot tub, roller skating, tennis, rock climbing, weight room, soccer, volleyball, skateboarding, basketball, baseball
- > Continue to protect our land, fishing and hunting rights

I am honored to have this opportunity to come before you as a possible future leader. Please feel free to contact me at 360-466-4920 / Email:dpedwards@wavecable.com / Face book.

Sincerely and God's Blessings,

Darlene Frances Peters (Si-sai-sath)

Primary Election

Dennis Dan

challenging Incumbent Kevin Paul, Senate Seat #4

Dennis Dan, Swinomish Senate seat #4

My objectives if elected to the Swinomish Senate are to work with our elected leadership on ways to improve organizational performance and decision making processes to levels that can be readily seen and felt by the community at large.



Photo by Wendy Otto

Another objective is to provide insights gained through past experience working with federal grant projects, and matching program goals with the real needs of the community being serviced by the program. I accomplished these objectives as the medical imaging director at the Hopi Healthcare Center, by creating policies and procedures that made the Hopi-Mayo tele radiology project, and the Hopi-U of A tele-medicine network projects successful. These project experiences provided the justifications for utilizing advanced medical imaging technologies that improved medical care on the Hopi reservation.

My last objective is to represent the best interest of all Swinomish Tribal Members, and by that representation have earned the votes and trust placed upon me, by my election to the senate.

My goal as a Swinomish Tribal Senator is to be a part of a leadership team that has created a cooperative legacy with the hallmarks of; moving our tribe toward determining for ourselves our futures, creating programs that work for all of us, improving the education provided to our younger generation, creation of organization accountability. The measure of this goal, would be a path that could be examined, followed, and improved upon by my great granddaughter Kaylee Bailey.



Ann Smock
Editor

FROM THE EDITORS

This issue kicks off next month's election for 3 seats in the Tribal Senate. Kee yoks policy states that, "Position letters will be accepted only from SITC Election Committee and will not be edited or altered in any way by the Kee Yoks. Direct submissions from candidates are not accepted."

We are also busy working on the Annual Report, which will be published in time to be distributed at the General Election on Sunday, March 20. We are still encouraging all staff to give us a call and set up a time to have a new photo taken for the Annual Report. Thank you to those who have already come in. We have our own lights and backdrops now (previously borrowed), so the thing to remember is call to make sure Ann is in the office, and the deadline for the Annual Report is February 15th.



Caroline J. Edwards
Assistant Editor

General Election

Dianne Edwards (Incumbent)

Senate Seat #3

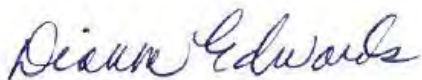
I am pleased to announce that I will be seeking another term on the Senate. When I first was elected in, it was very hard. The Swinomish Tribe was going through very difficult times but we always managed to “squeak” by. Through all of that, we humbled ourselves and respected what we had and held onto that.

Look at us now. We have a Casino, Bingo hall and gas station. With these enterprises we have been able to provide an important economic base not only for our tribal membership but for the Skagit County economy as well.

The Tribe provides many services to our membership. Just to name a few, we have free child care for tribal members, we give scholarships for members to further their education, we purchase shoes for all students along with giving each student a gift card, we give our elders Senior Subsidies (which will be increased), all tribal members receive Christmas cards along with tribal gas discounts, we pay for eyeglasses and are now paying for hearing aids. In addition to these services, the Tribe paid for all of the infrastructure on the Talawhalt property and the Tribe is also in the process of building a new cemetery on a portion of the Talawhalt property as well. And finally, in 2011, the Tribe will be welcoming approximately 100 canoes, along with their families, for the canoe journey.

I, along with my co-leaders, would like to continue to coordinate all of our tireless efforts, dedication and advocacy for more services to our Community so all tribal members can benefit from the hard work we have done together for the future of our children and grandchildren.

Thank you all for your continued support,



Dianne Edwards



Photo by Wendy Otto

General Election

Brian Porter

challenging Incumbent Dianne Edwards Senate Seat #3

First of all I would like to thank our people for their interest in our election process. The more involvement that we have in our elections the more influence our community has on our Tribal Governmental structure, Let the people decide.

We have a lot to be thankful for. Over the years we have made strides forward especially in our economic development and education. We are a growing community with steadily increasing enrollment and more administrative development. We also have the programs to support our growth and enhance our well being.

We are a fishing community with an unstable industry and resources. With the economy the way it is our Fisherman struggle to make ends meet. Our management has been making the effort to monitor and allocate for each fisheries so that our fisheries can continue to be more consistent throughout the year.

Culturally we are making the effort to preserve and retain our traditional ways. By educating our youth we believe that our culture will be passed on from generation to generation. Understanding our language and the history of our ancestors we can make the effort to carry on what we are taught.

We have a solid foundation of government supported by a constitution and bylaws. We have the committee support and the staff advisory for each, With this form of government we can exercise our sovereign right as a tribal nation.

These are some of the issues that I am aware of in our community just to name a few. With the knowledge and experience with our system and the issues that need to be addressed it helps to understand so that we can find and create solutions for these issues. We need to support what is already working for our tribe, not to reinvent the wheel. With that said I would like to be an advocate for our people in reassuring you that the representation that our Senate provides is well aware and well informed on whats going on within our Tribe.

Thank you,

Brian Porter / Ya-Qua-Leouse



Photo by Wendy Otto

General Election

Tandy Wilbur (Incumbent)

Senate Seat #5

9540 Mc Glinn Dr.
LaConner, Wa 98257

December 27, 2010

Swinomish Indian Tribal Community
11404 Moorage Way
LaConner, WA 98257

Swinomish Tribal Community Members:

I would like to thank the community for supporting me for the last 10 years.

It is an honor to serve and

represent Swinomish community in a government position. With your support and guidance I hope to continue to learn and serve the community in this way.

My personal areas of interest include: education, elder services, housing and fisheries.

Education

Early Learning

We started a paraprofessional program to support our kids in LaConner Schools. The program has improved school performance for our kids. I would explore additional options such as Sylvan, tutoring, and parent support. If reelected I will welcome ideas from all of you on improving education success for our kids.

Higher Education

Swinomish has more members than ever before attending vocational schools, community colleges, and universities. This is an exciting time. To assure this continues we must keep up with rising tuition and living expenses. I want to see us work toward full financial support of higher education.

Elder Services

As a community we have a responsibility to care for and protect our elders. I will support the expansion and development of elders programs. I would like to see an elder care facility that would allow tribal elders to remain in the community.

Housing

With the building of Tallowalt Swinomish has many new and soon to be homeowners. One of my goals is to start a Home Owner Assistance Program that would offer loans for home improvements and repairs. Homes on Trust and Leased land cannot be used for bank collateral making obtaining this type of loan through a bank impossible.

Fisheries

As Chairman of the Fish Commission I have been and will continue to be dedicated to protecting Swinomish fishing rights. I will work to get needed dock improvements including the addition of a hoist. I believe the Swinomish Fish Company, as a tribally owned business should be focused on supporting and buying from tribal fisherman. I know there are many other things that need attention. I am interested in your ideas and opinions, and I am committed to having the work of the Senate be guided by the wishes of the people.

Thank you for your continued support,

Tandy Wilbur III



Photo by Wendy Otto

General Election

Lydia Charles

challenging Incumbent Tandy Wilbur Senate Seat #5

Goals and Objectives:

- Dedicated Service: 25 years experience working for the Swinomish Indian Senate and 15 years for the Swinomish Tribal Community
- Strong advocate for more economic development
- Stands firm for a strong leadership
- Will continue to support the Northern Lights Casino, Northern Lights Gas Station, North End Development and other Business Ventures



Photo by Wendy Otto

NOTICE OF TRIBAL ELECTIONS

SWINOMISH INDIAN TRIBAL COMMUNITY

PRIMARY ELECTION

SATURDAY, FEBRUARY 19, 2011*

TRIBAL SENATE CANDIDATES FOR PRIMARY ELECTION:

Senate Seat 4:

KEVIN PAUL (Incumbent)
DARLENE PETERS
DENNIS DAN

STC 2-01.230(A)(1): In a primary election, the first and second place finishers for each Senate Position shall be certified by the Election Board as candidates for the general election.

*DATES PURSUANT TO STC SENATE RESOLUTION
2011-01-002

SWINOMISH INDIAN TRIBAL COMMUNITY

GENERAL ELECTION

SUNDAY, MARCH 20, 2011

TRIBAL SENATE CANDIDATES FOR GENERAL ELECTION

Senate Seat 3:

DIANNE EDWARDS (Incumbent)
BRIAN PORTER

TRIBAL SENATE CANDIDATES FOR GENERAL ELECTION

Senate Seat 5:

TANDY WILBUR (Incumbent)
LYDIA CHARLES

OBITUARIES

Amy Alfreda Edwards ~ A Celebration of Life**February 24, 1988 ~ December 31, 2010**

Amy Alfreda Edwards came into this world February 24, 1988 the much loved second daughter of Steven J. Edwards and Darlene F. Peters in the Swinomish Village, La Conner, WA.

Amus, as she was affectionately called, died peacefully among family and friends on Friday, December 31, 2010 at the age of 22.

A celebration of her life will be held on Monday, January 3 in the form of a dinner at 5pm and then a prayer service at 6:30pm. It will continue with a funeral service on Tuesday, January 4 at 10am at the Swinomish Social Services. A lovely luncheon will follow the funeral service.

From a young age, Amy understood medical difficulties and became a strong young girl. At the bright age of 8, in an easily made decision, her father Steve donated a kidney to ensure the longer survival of this precious little girl. Though it was a unique life for a young girl, Amy stayed positive, outgoing, and much loved by all who had the privilege of knowing her. She had a quick wit, strong love, and humor that will be greatly missed.

Amy attended Immaculate Conception Catholic School through the 8th grade, then transferred to La Conner High School where she graduated. Amy went on to work for the Swinomish Tribe as the Youth Recreation/Prevention Receptionist.

Not only did Amy love her father immensely, when she grew up, she chose to work in his department (Recreation).

Continuing to support the Tribe with her hard-earned money, Amy loved playing slot machines. You could often find her enjoying time with family and friends at the Swinomish Northern Lights Casino and other casinos in the area.

Amy's interests went far beyond gambling though. For a young adult she was very well-rounded and culturally aware. She loved beading, drawing, cooking fry bread, baking, hunting, sledding, listening to music and singing, swimming, texting, video games, driving her trucks, basketball, golf, and gymnastics.

We all have our lists of things we want to do before our death; thankfully Amy was able to do some of those things. In the summer of 2010, Amy and her sisters were able to get matching tattoos. Also, Amy traveled with many family and friends to Las Vegas. Not only did they enjoy gambling, Amy, who has always been full of life, even when her life was slowly ebbing away, jumped off the Stratosphere!

You can learn a lot about the quality of Amy's character by her most cherished loves – her pets and her family. Dog Sara 1 was followed by Sara 2 (yes, really) and more recently, puppy Lily. (Let's not forget her turtle Tucker.) Most importantly was the love she had for her family and friends. It was not unusual for her to entertain family and friends late into the night with food, fun and lots of teasing.

Because her medical condition was understood, and her passing expected, Amy was able to consciously say goodbye to her loved ones and make plans for her funeral. She often said, "I don't want my funeral to be a mourning period, but a celebration. Don't wear black!" So we will all do our best to honor this beautiful girl with this request. Thankfully, we have the Hope that we will see her again in Heaven.

Her last Facebook update simply said, "So happy." That sums it up. She was and forever will be.

Amy is survived by parents Steve Edwards and Darlene Peters; sisters Melinda and Hilary Edwards, and Alice Charles; brother Russell Decoteau; nieces Savanna Edwards and Salena Decoteau; grandparents Francis and Beverly Peters; numerous uncles, aunts, cousins, friends, and her dog Lily.

Amy was preceded in death by great grandparents Alfred and Laura Edwards, Jim Edge and Elizabeth Shumaker, Larry Jack and Matilda Tom, Richard and Melinda Peters; grandparents Russell and Alfreda Edwards; aunts Susan Wilbur and Jackie Point; uncles Russell Jay and Louie Edwards, David and Larry Peters; cousins Jessica McDonald and Rachel Bobb, Drake Edwards, and numerous other uncles, aunts, and cousins in the U.S. and Canada.

Published in the Skagit Valley Herald 1/3/11.

Dear Family, Friends and Community,

We would like to thank you for your generous outpouring of love and kindness in our time of need. Your thoughts and prayers have sustained us through our time of the loss of our beautiful and courageous Amy (Famous AMus) Edwards. Remember to live life to the fullest and to stay healthy and strong together.

Love and Blessings, the Peters and Edwards Family



Brian David Sattler**February 15, 1976 ~ January 7, 2011**

Brian David Sattler, 34, of La Conner passed away Friday, January 7, 2011.

He was born on February 15, 1976 in Sedro-Woolley, WA to Rodney C. and Gertrude E. "Trudy" (Bobb) Sattler.

He worked as a commercial fisherman and loved drawing, carving, playing pool and horseshoes, drinking beer, building things out of driftwood and working on stereos and electronic devices. He enjoyed meeting new people whom he met while working at casino's. Brian also DJ'd with his brother Dustin.

He is survived by his mother, Trudy Davidson; step-father, Tab Davidson; sisters, Michele Perry, Leslie (and husband, Abe) McDonald, Cassandra (and husband, Abel) Gonzales; brothers, Michael Perry, Clifford (and wife, Vera) Perry, Dustin (and wife, Adriana) Weatherby; grandmother, Winona A. Bobb; special niece, Tehya Perry; special grand aunt, Alfreda "Beatle" Bailey; one god-daughter, Kailee Perry; two very special cousins whom he loved very much, Joanna Bobb and Marlys (and husband, Ace) Baker; as well as other aunts, uncles, nieces, nephews and cousins.

Brian was preceded in death by his father, Rodney C. Sattler; grandfather, Ernest Clement Bobb; grandparents, Ann and Frank Sattler; uncle, Ronald J. Bobb; aunt, Jean M. Bobb; and his great-grandparents.

A public viewing was held on Wednesday, January 12, 2011 at Kern Funeral Home from 12:00 Noon until 7:00 pm for all of Brian's family and friends. No public memorial service was held. Arrangements were under the care of Kern Funeral Home.

Published in the Skagit Valley Herald 1/11/11.

THANK YOU to the community of the Swinomish Tribe, to all our friends and family, and especially to Chairman Cladoosby and his wife Nina.

Thank you for the help and support you have given us in the decisions we have had to make in handling the arrangements with regards to the death of my beloved son Brian "B The Man" Sattler. He will be missed so much! He will be with us always in our hearts! I know he is not alone. He is being taken care of by his father, and they are both in heaven now watching over us! Our love goes out to each and every one of you and thank you. Your prayers and thoughts will always be a comfort to us.

Sincerely, Trudy Davidson and the family



Kukutali Preserve

Unpaid Volunteer Caretaker Needed

Do you have a passion for nature?

The Kukutali Preserve Management Board is in need of someone to help preserve and maintain one of the most beautiful places in Skagit County.

The position is unpaid and the only compensation is housing on the Preserve (excluding utilities). The duties of the caretaker/naturalist are as follows: Be familiar with Preserve history, management plan, island resources (cultural and natural), and proper maintenance and operating procedures for the site. Check and inspect the entire island daily, providing a minimum of four hours of service each day. Be available to check beaches day and night, particularly at low tides and be available during the daytime hours. Provide light maintenance to the home and ground maintenance, including mowing, trail and road maintenance. Provide educational tours of the Preserve. Answer Preserve phone to handle requests. Maintain reservation log accurately and completely.

Volunteer will maintain acceptable volunteer standards of appearance and conduct as outlined

in the Washington State Parks volunteer manual. Uniform will be provided. Volunteer will serve at the will of Washington State Parks and the Swinomish Indian Tribal Community, as represented by the Kukutali Preserve Management Board.

**Please Contact Wayne Bill in Human Resources for an application or more information;
(360) 466-1216 or wbill@swinomish.nsn.us**

SWINOMISH TRIBAL ARCHIVES

1791- The View from the Village

By Theresa Trebon, Tribal Archivist

A painting was recently commissioned from Swinomish artist, Cecelia La Pointe Gorman in preparation for the new interpretive exhibit that will be installed on the waterfront near the šwadabs Welcoming Pavilion.

The subject of that painting? The view from that very spot prior to white contact: what Swinomish ancestors might have seen from their village, as they looked over the slough and flats to the mountains beyond, moving about their daily lives.

The first written accounts of the region and early maps prior to treaty time, were scoured for descriptions of how the land appeared prior to the flats being diked and drained; settlers began those alterations in the 1860s, forever altering the once-rich salmon habitat that the Swinomish people depended on.

The 1853 diary of traveler, Jared Fox, recounts what was lost. As he traveled up the Swinomish slough, en route to the small village of Whatcom, he noted the following:

"... we passed Northward in [and] among the old fishing ground of the natives. Here are thousands of acres of flats, mostly clay, some 4 to 6 feet deep . . . It has the appearance at present of being all overflowed some time, perhaps at some very high tides but now at full tide there is about half of it out of water & covered with fine grass, the best I have seen in Oregon Territory ... when tide is full it looks as if it was all cut up into Islands & you could pass with canoes or larger craft all about it for miles, but the grass is fine & the world here is full of wild geese, Ducks & other fowls & the Indians drive sticks close together all through the cuts & when the water goes out get any amount of fish, especially Salmon."

The earliest written account found of the Swinomish area was that of the Vancouver Expedition's Peter Puget in June 1792 as he traveled near the Swinomish slough noting, "Natives busily employed in Canoes," working at fishing at "a kind of Weir among the Shoals made of Small Sticks, probably for Salmon." After viewing the painting, Chairman Cladoosby suggested it be named for the year before Puget's written account and so it is call "1791 – The View from the Village." (continued next page)



Archivist Theresa Trebon and Artist Cecelia La Pointe Gorman display the painting to be installed at the canoe landing.

Photo courtesy STC Tribal Archive, taken by Howard Fox



"Canoe Journey 2011 Steering Committee: (back L to R) General Manager Allan Olson, Theresa Trebon (Tribal Archivist), Eric Haskins (Planning), Sandra Radin (Protect Mother Earth Cmte), Melissa Miller, Heather Bryson (Wellness), Gary Tollefson (Skagit Valley College President), Jill Rohrs (Education Paraprofessional), Senator Kevin Paul, Chief Roy Horn (Fire District 13), Pastor Don Grossglass, Carl Molesworth (Port of Anacortes), Medicine Bear (Swinomish Public Works), Larry Kibbee (Shelter Bay), Jim Sande (Emergency Management), Pastor Doug York, Christina Adams, John Stephens (Social Services), Officer Joe Bailey (front L to R) Linda Talman, Alicia Engstrom (Legal), Brenda Clifton (SRSC), Senator Barbara James, Aurelia Washington, Laura Kasayuli, Maggie Horn, Senator Dianne Edwards, Janie Beasley, Pat Doran & Jo Wolfe, (Skagit County Museum), Mary Evitt (LaConner News), Diane Vendiola, Marlo Quintasket, Senator Sophie Bailey, (kneeling) Brad Clure, Eric Day

photo: Robin Carneen

(con't) Not only did Cecelia Gorman create a beautiful work of art for the Swinomish Community, a painting that is in itself is a historic "document" for generations to come, she graciously shared her thoughts of what this work meant to her:

"Creating this painting gave me a sense of inner connectiveness to the area and to the families of Swinomish, and required me to look inside of my own spirit in search for inspiration. I was taught by my Swinomish grandparents that the land, the animals, the fish, the trees, the hills, the grass, everything in nature, remembers and carries within its genetic memory the presence and the life and death of our people. The feet of my ancestors walked, lived, enjoyed the natural world and its abundance. All nature is always in motion that is always speaking to us. If we can learn to listen, it possesses the stories of generations of events. If we look into that place in ourselves we may see how wonderfully consistent and faithful it really is. The natural waterways that once flowed all over through the valleys as depicted in the painting is not only remembered in this way, but is still remembered in the soil, the grounds that are so rich and fertile. My Grandpa used to tell me about how the tall wild grass over the lands would softly be waving, waving, waving, as the winds passed through. A motion he related to a song, how songs are made from the natural rhythm of the earth all around us. Nature has its own symphony of beautiful sounds, it sings, its whispers, it tells stories, it remembers everything, and it still embraces and comforts us even today. When we stand at the waters edge and if we can be still enough we can learn to hear how natural is always still singing, speaking to all of us and all around us. Today I still make a point of spending time with nature ... wonderful and peaceful."

COMMUNITY BULLETIN BOARD

RETURNED GIFT CARDS

Christmas gift cards for the following members were returned:

T'Kayah Edwards & Jeffrey C Moore

Please contact

Teeny Williams (360) 466-7307,

cwilliams@swinomish.nsn.us,

or Mary Ellen Cayou (360) 466-7218,

mcayou@swinomish.nsn.us,

if you have contact information for them.

Swinomish Indian Tribal Community Requests Proposals for Cedar Pole Carving

The Swinomish Indian Tribal Community invites qualified carvers to submit bids for carving four cedar poles for the **šwadabs** Welcoming Pavilion located on the Swinomish Reservation, La Conner, Washington. The Welcoming Pavilion is being constructed as part of the Tribe's preparation for the 2011 Canoe Journey that it will host in July.

The carved poles will "wrap" around structural steel beams inside the pavilion. The design of the poles will be provided by the Swinomish Cultural Committee. The cedar trees have already been cut and will be provided by the Tribe. Carvers will be responsible for removing bark from the trees, overseeing the cutting and coring process, carving the poles, and acting as a consultant to the construction firm charged with installing the poles.

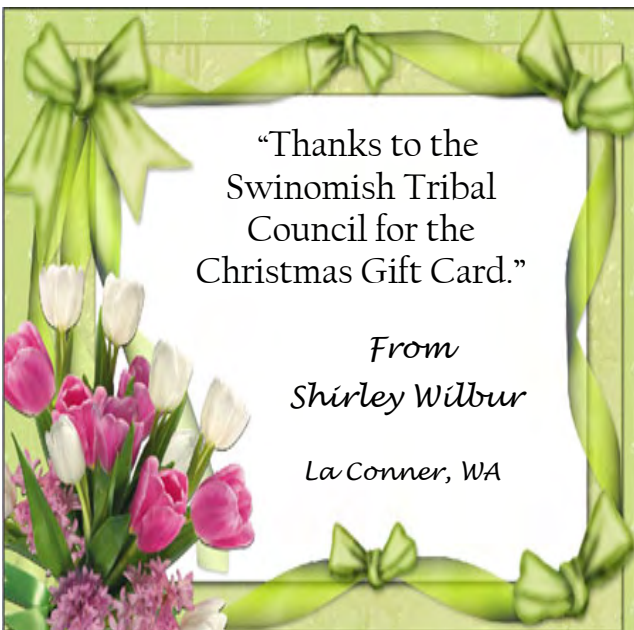
A portion of a grant from the Institute of Museum and Library Sciences has provided \$6,000 to fund this project.

Carvings will need to be completed by May 1, 2011. Please submit a resume with examples of similar work that you have done with a bid amount to do the work to:

Aurelia Washington, Canoe Journey Coordinator
Swinomish Indian Tribal Community
11404 Moorage Way, La Conner, WA 98257
awashington@swinomish.nsn.us

Proposals will be accepted until the project is awarded. Proposal review will begin on February 1, 2011.

This project is funded by a grant from the Institute of Museum and Library Services.



**Reminder to parents: Childcare closes at 5:30 every other Thursday
Feb. 3, 17 and March 3, 17, 31**

SWINOMISH EDUCATION



La Conner High School students General Cayou & Shaelene Edwards are nominated as Diversity Champions for the La Conner School District.

Middle/High School Parent Advisory Meeting

February 16th at 6:30 PM

Ms. Auman's classroom

Topic: TBA

Snow Riders Club

is working to get an extracurricular snowboarding program going. They still need girls outdoor wear (coats, gloves, ski pants). Contact: Debbie Mendum Snow Riders advisor dmendum@lc.k12.wa.us LCHS 466-3173

8TH GRADE CULTURE FAIR THIS MONTH!

FEBRUARY 15th!

The Swinomish After School Program will provide special study nights to help students and families with their Culture Fair exhibit.

The last dates for Culture Fair

Preparation nights are:

February 1st and 8th.

6:00 to 8:00 PM

Take advantage of this great opportunity to get help in preparing your presentation.



NWIC Swinomish Site
17113 Tallawhalt Lane, Box C-11
La Conner, WA 98257



**NORTHWEST INDIAN COLLEGE
SWINOMISH CAMPUS**

SCIENCE OPEN HOUSE

February 23, 2011

Noon—2:00

at the Swinomish Campus

Contact:
Gaylene Gobert,
Site Manager
(360) 466-4380
Ext. 1



New Science Instructor

My name is **Jessica Gigot or "Jess"** and I am the new science and service learning faculty member at NWIC-Swinomish. I received my undergraduate degree in Biology from Middlebury College in Vermont in 2001. Following graduation I returned home to Washington to pursue my interests in environmental issues and agriculture, and I have worked on various farm and garden projects in the northwest. I received my graduate education at Washington State University and have been a student and research assistant at WSU-Mount Vernon Northwest Washington Research and Education Center for seven years. My academic interests are in food systems, plants, soil science and microbiology and interdisciplinary projects that focus on sustainable land management in the Puget Sound region. When time permits, I like to kayak and explore the North Cascade Mountains. I also enjoy music, poetry, ceramics and painting.



At the NWIC-Swinomish site we will be establishing a service learning garden and orchard. One component of this garden will focus on local food production with an emphasis on northwest cropping systems and traditional foods. Another section of the garden will feature native and medicinal plants. We would also like to incorporate our basic biology and chemistry curriculum into the creation and maintenance of this garden. Stay tuned for more information and developments on this project in the upcoming weeks.

I will be hosting a **"Science Open House" in Room 113 on February 23 from 12-2.** Please feel free to come by, have some refreshments and talk to me about your interests in science and the garden project.



I am excited to meet NWIC students, so feel free to introduce yourself beforehand! My office hours are T (9-12) Wed (9-3) and Thursday (9-12) in Room 109.

YOUTH CENTER CALENDAR FEBRUARY 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
			Groundhog Day MS Youth Group @ 5:30 HS Youth Group @ 6:30 Open Gym 7-9		HS Youth Group Aquatic Center 6:30-8 PM	MS Youth Group Everett Silvertips Game Iv @ 4:30
6	7	8	9	10	11	12
	Open Swim  Ages: 8 UP Lv: 6 PM Open Gym 7-9		MS Youth Group @ 5:30 HS Youth Group @ 6:30 Open Gym 7-9		HS Youth Group Activity TBA	Lincoln's Birthday MS Youth Group Museum of Flight Lv @ 11 AM
13	14	15	16	17	18	19
	Valentine's Day Open Swim  Ages: 8 UP Lv: 6 PM Open Gym 7-9		MS Youth Group @ 5:30 HS Youth Group @ 6:30 Open Gym 7-9		NO SCHOOL MS Youth Group Mindport Exhibits lv @ 1 PM HS Youth Group Chief Seattle Club Underground Tour	
20	21	22	23	24	25	26
	President's Day <i>CLOSED</i>	Washington's Birthday Open Gym 7-9	MS Youth Group @ 5:30 HS Youth Group @ 6:30 Open Gym 7-9		MS Youth Group IMAX Movie TBA	HS Youth Group Trip to MT. Baker
27	28					
	Open Swim  Ages: 8 UP Lv: 6 PM Open Gym 7-9					

SWINOMISH ELDERS LUNCH MENU**FEBRUARY 2011**

Not going to be home? Please call center at 466-3980 to cancel your delivery.

M O N	T U E	W E D	T H U	F R I
Milk served with all meals		2 BBQ Chicken Biscuit Three Bean Salad Watermelon		4
7 Chicken & Cheese Sandwich Vegetable Soup/Crackers		9 Fish Hash Rolls Carrots Berries	10 Meat Chili Cornbread/Crackers Celery Sticks Pears	11
14 		16 Chicken Adobo Rice Cauliflower/Carrots Pineapple	17 Split Pea Soup/Cracker BLT Sandwich Mixed Grapes	18
21  Holiday Presidents	Turkey Cheese Sandwich Bean Soup/Crackers Apple Yogurt	23 Fish Macaroni Salad/Roll Baked Beans Watermelon		
28 Tuna Sandwich w/ Lettuce Tomato Soup/Crackers Apple				

Craft day at Seniors!

FEBRUARY 16th

Bring a project you are working on or just come visit!

Yoli Quevedo, RN, Ph.D., LMHC
Swinomish Behavioral Health
Counselor/Coordinator
ph. 360-466-7265/fax 360-466-5528



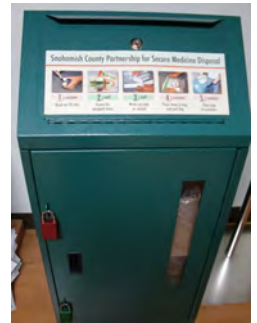


Assistant Chief
Glenn Hutchings

SWINOMISH POLICE DEPARTMENT HOUSEHOLD DRUG TAKE BACK PROGRAM:

Currently, the Swinomish Police Department is the only law enforcement agency in Skagit County which has a drug disposal site. This program is in partnership with the Swinomish Indian Tribal Community and the Snohomish County Regional Drug Task Force (SRDTF). A free and secure disposal box is now located at the Swinomish Police Department, 17353 Reservation Road La Conner, and is available for drug disposal Monday – Friday from 10:00 AM and 4:00 PM.

“I’LL TAKE YOUR DRUGS”



What is a Drug Take Back? *The safe return and disposal of leftover medicines.*

- ▶ Safe means a secure and convenient system where residents can return left-over medication throughout Washington.
- ▶ Safe also means the proper disposal of what are essentially toxic leftovers – and the only proven method is through high-temperature incineration.

Why Are Disposal Programs Needed? *Unwanted and outdated pharmaceuticals pose serious safety and environmental threats ranging from child poisonings, illegal use, and contamination of our streams and drinking water.*

- ▶ Unwanted pharmaceuticals should not be poured down the sink or flushed down the toilet.

Conventional waste water treatment is not effective at eliminating the majority of pharmaceutical compounds, whether passed through the body or flushed down the toilet as a disposal technique. As a result, pharmaceuticals are now found at very low levels in surface waters, streams, septic tanks, tap water and waste water effluent. These levels are unable to induce acute effects in humans as of yet, i.e., they're far below the recommended prescription dose, but have been found to affect aquatic ecosystems.

- ▶ Prescription drugs, non prescription drugs and supplements are involved in more than half of unintentional child poisoning incidents.

Each year, unintentional poisonings from consumer products commonly found in the home kill about 30 children and prompt more than 2 million calls to the nation's poison control centers. More than 90% of these calls involve poisonings in the home. On average, each year an estimated 80,000 children are treated in hospital emergency departments for unintentional poisonings.



- ▶ Prescription drug abuse is a serious and growing problem in our communities.

Abuse of medicines is increasing rapidly. The consequences are serious. Drug overdoses have surpassed car accidents as the leading cause of accidental deaths in Washington. The majority of overdoses involve prescription opiate pain relievers. Misused prescription drugs are the illicit drugs of choice among 12- and 13-year olds. For the first time among teens, there are as many new abusers of prescription drugs as marijuana abusers.

How to Use the program: *For free disposal of your unwanted medications, including narcotics and prescribed controlled substances, please follow these instructions:*

- ▶ Gather all unwanted meds from wherever you have them stored (drawers, medicine cabinet, etc.)
- ▶ Check the list to see which items are accepted. Narcotics and prescribed controlled substances (OxyContin, Vicodin, etc.) are accepted ONLY at law enforcement locations (Swinomish Police included).
- ▶ Bring accepted items to the Swinomish Police Department. Leave items in their original containers. Your items will be quickly screened to make sure they don't include items that cannot be accepted, such as mercury thermometers and needles. You will have an opportunity to mark out any personal information. Do NOT mark out the name of the medication. No questions will be asked, though your zip code will be recorded for research purposes.
- ▶ Place the items into the secure double-locked collection box.

As Chairman Cladoosby stressed in his message to the community about drug use on this reservation, (see KEE YOKS, May 2010, p 2), drug use is not just a Swinomish problem, but we need to address it here at home first, and “We cannot have a safe and healthy community if we do not unite to solve the problem.”

Drug collection is a first step toward addressing illegal prescription drug usage here in our community, as well as making our homes safe and healthy for children and our clean local waters free of toxins.



SWINOMISH swədəbš COMMUNITY ART ✍ SWINOMISH swədəbš



Swinomish Skies

By Caroline J. Edwards



Barn and Cascade peaks by Mark Pouley (below)

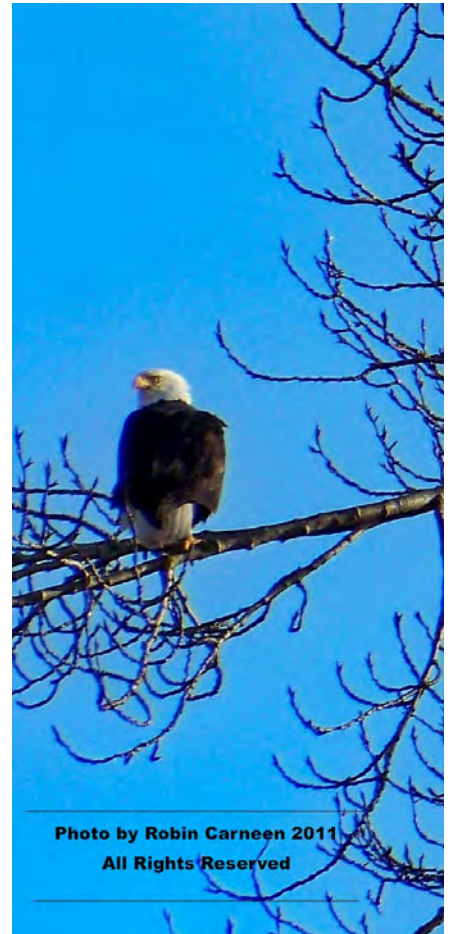


Photo by Robin Carneen 2011
All Rights Reserved

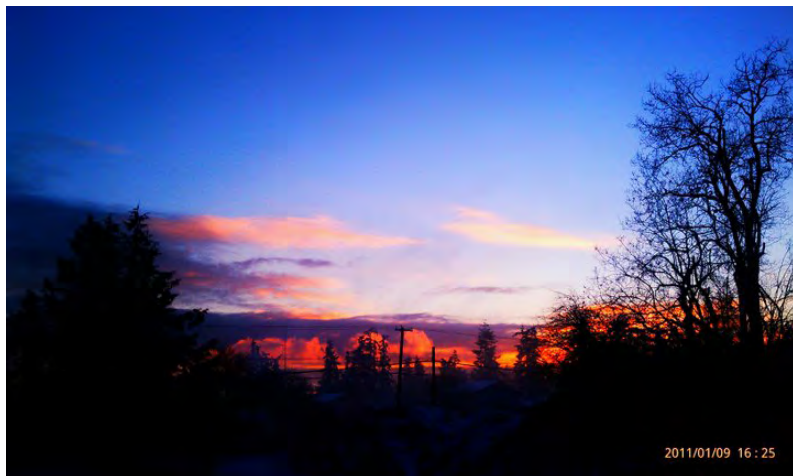
Eagle by Robin Carneen



Misty Morning

by Mark Pouley

COMMUNITY ARTISTS ✨ SWINOMISH swədəbš COMMUNITY ART



January Sunset

by Katie Bassford



Snow

by Eric Day



Eagle by Robin Carneen



“For all the lovebirds on Valetine’s Day”

By Jonathan Jack, *submitted*

SOCIAL SERVICES

EVERY THURSDAY
3:00 PM to 4:30 PM
IN THE LIBRARY
(SOCIAL SERVICES BUILDING)

PARENT SUPPORT GROUP

CALL 336-3882 FOR INFO

30.00 grocery voucher
 Get a \$30.00 family grocery voucher
EVERY TIME you attend a group!



North Intertribal Vocational Rehabilitation Program

Bellingham NIVRP Site:

3201 Northwest Ave. # 8 Bellingham, WA 98226

TELEPHONE: 360.671.7626

FAX: 360.733.3061 (Confidential)



Tammy Cooper
Woodrich

Swinomish Site
(Mon-Tue 10-3)

Social Services Building

17337 Reservation Road

La Conner, WA 98257

Tele: 360.466.1343

FAX: 360.466.1632

SWINOMISH WELLNESS PROGRAM

Diet Pills: *not a miracle drug for losing weight* –

Many weight loss medications claim that they can help you lose weight, but they are no match for a good healthy diet and structured exercise. Many people do lose weight when they first try diet pills but as soon as they stop taking them every day that weight comes back and many times people end up gaining more than they lost. This is one of the reasons many people stay on them for long periods of time which is not healthy and can lead to addiction. Many non-prescription diet pills contain “natural” ingredients that are claimed to be safe. These “natural” substances may be *Ephedra* or *Ma Huang* which are banned in the U.S. due to their serious side effects. They are still available in many diet pills purchased online. *Guarana* is an ingredient in many diet pills sold over the counter in the U.S. It contains a high amount of caffeine and can have dangerous complications with medications and other health conditions. There are many known and unknown side effects of weight loss medications that can range from insomnia to high blood pressure to even heart attacks. If you are taking diet pills you should always tell your doctor and work closely with a trainer or fitness expert. Please feel free to contact Colleen Mavar at 466-3151 or Michelle Skidmore at 466-7269 if you would like help developing a weight loss plan.

“If you are thinking about turning to diet pills to help lose that extra weight, there are some things you should know first.”

Diet pill addiction is a problem –

Diet pills can be found in many forms, some are over the counter and some are by prescription. It is possible to become addicted to both over the counter and prescription diet pills, either physically addicted, psychologically addicted or both. Diet pill addiction is just as serious as any other addiction and often requires the help of trained professionals. Diet pills are not meant for long term use and if you or someone you know has been using them for more than a month or has switched between multiple forms of diet pills there may be a problem.

Please feel free to contact the Wellness Program at 466-1024 if you have any questions about diet pills or want more information on addiction. We are happy to assist you in whatever your needs may be. Stop by and say hi when you are in the social services building. We are here to serve you.



Dave



Heather



Dawn



Jennifer

OFFICE OF TRIBAL ATTORNEY

Recent Tribal Code Amendments

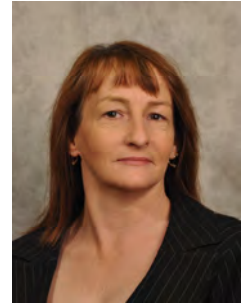
In August and October, 2010, the Senate approved changes to the Mortgage and Foreclosure sections of the Swinomish Tribal Code. These code sections apply to loans that are secured by interests in real property, including leases of trust land. Mortgage loans may be made by the Swinomish Housing Authority, the Veterans Administration, the Tribe for the Tallawhalt houses, or by other lenders.

The Code amendments provide that a lender in a foreclosure lawsuit may obtain a money judgment, which may include costs and fees of the foreclosure, against the borrower. This money judgment would be in addition to a foreclosure order and sale of the property. The amendments also set out the process for reporting the results of a foreclosure sale and for challenging that report, as well as how the money from the sale will be distributed. If the money from the sale is less than the amounting owing on the loan, the lender will have a "deficiency judgment" for the remaining balance.

These amendments require the Clerk of the Tribal Court to give notice of a foreclosure lawsuit by Certified Mail to those lessors and sublessors not named as defendants. The new provisions permit lessors and sublessors to ask the Tribal Court for permission to intervene in the foreclosure case. The amendments clarify the mortgage information that will be recorded by the Recording Clerk, as well as the parties to different types of mortgage foreclosure lawsuits.

At the same time that the Senate adopted these changes, modifications were also made to the Civil Procedure Code correcting internal references to existing procedures for Service of Process.

The amended Mortgage and Foreclosure codes are available for review on our website at <http://www.swinomish-nsn.gov>. Paper copies are available for review at the Swinomish library, the Tribal Court Clerk's office, the Office of Tribal Attorney, the Senate's Executive Assistant, Social Services, Planning, and Fisheries.



Alicia Engstrom

FREE LEGAL ADVICE CLINIC FOR LOW INCOME SWINOMISH COMMUNITY MEMBERS

Thursday, February 17, 2011 ★ 10:00 AM to 3:00 PM ★ Swinomish Social Services Building, Room 206A
(No appointment necessary)

An attorney from the Northwest Justice Project will be coming to Swinomish the third Thursday of each month to provide free legal consultations to eligible tribal members on civil legal matters (not criminal). The following clinics will be held: March 17, 2011; April 21, 2011; May 19, 2011; and June 16, 2011.

Questions? Contact Jean Seeley at 1-888-201-1012, ext. 631. Please bring all related paperwork.



Why Pay When You Can Get Your Taxes Done for Free? Call "VITA"!

If you need help completing tax forms, a **Volunteer Income Tax Assistance** (VITA) site near you can help. Call 1-800-906-9887 to find the nearest location. When you go to a VITA site, or if you choose to go to a commercial tax preparer, be ready. Take these items with you:

- ✓ Valid picture ID
- ✓ Copy of 2009 tax return (if you have it)
- ✓ Social Security Cards, Social Security Number verification letters or Individual Taxpayer ID
- ✓ Number (ITIN) letters for you, your spouse and any children born before December 31, 2010.
- ✓ Income documentation including:
 - W-2 Forms from all jobs worked in 2010
 - All 1099 Forms showing other income received in 2010
 - A blank check for direct deposit of your refund (If you don't have a checking account, bring your bank account name, number and the 9-digit American Bankers Association routing number.

(ABA)

Contact your bank if you need assistance identifying the ABA number.

If any of the following apply to you, take documentation with you:

- ✓ Child care expenses, including the provider's address and federal ID #
- ✓ Mortgage company statements
- ✓ Property tax bills
- ✓ Adoption expenses
- ✓ Alimony paid or received
- ✓ Any notices received from the IRS or state tax office
- ✓ College tuition and student loan interest statements
- ✓ Additional forms of income such as:
 - Prizes and awards
 - Scholarships and fellowships
 - Lottery! gambling winnings



Alix Foster
Attorney

To find out if you qualify for
Earned Income Credit
(E.I.C.)
Go to page 26

SWINOMISH DENTAL CLINIC

Swinomish/Upper Skagit Dental Clinic
 PO Box 332/17395 Reservation Road
 La Conner, WA 98257
 Phone: (360) 466-3900 Fax: (360)466-7301



Dear Parent:

Dental decay often begins in the grooves on top of the teeth. A sealant is a resin material that is usually applied to the pits and fissures of back teeth. The sealant resin acts as a barrier, protecting the enamel from bacterial plaque in cavity prone areas. Decay will not start under a tooth sealant because the decay causing bacteria are deprived of the food they need to survive. No drilling or anesthetic is needed for sealants! A painless way to prevent decay!

Sealants Days will be held March 22nd and March 23rd 2011. We will see the La Conner Native American/Alaska Native children in the 1st through the 8th grades. Permission slips will also be sent home from school. This slip can be dropped off at the dental clinic during normal business hours!

The Dental Team will apply these sealants & perhaps be providing dental cleanings, if time permits. A fluoride varnish will also be applied at this time.

Thank You,

Laura L. Kasayuli, RDH
 Dental Prevention Coordinator

Ray Dailey, DDS
 Dentist

_____ Yes, I want my child to receive sealants, cleaning and fluoride varnish.

_____ No, I do not want my child to receive sealants, cleaning and fluoride varnish.

Name of Child: _____

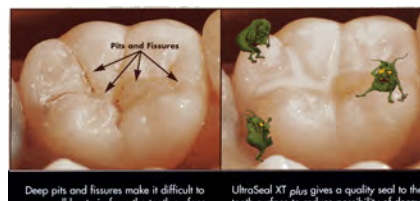
Date of Birth: _____

Child's Address: _____

Signature of Parent or Guardian: _____

Date: _____

****IMPORTANT!!** Is your child allergic to latex? Does your child have any health issues we should be aware of? **



SWINOMISH MEDICAL CLINIC



Men's Health Day February 10th, 2011 Swinomish Medical Clinic

Breakfast B-B-Q Lunch Served



→ Call in same day to schedule appointment for a physical exam

→ Get screened for:
Diabetes
Cholesterol
HIV



→ Do you need a flu, pneumonia or tetanus shot?

→ Learn about your health:
Dietary needs
Exercise needs
Dental needs
Smoking & other addictions

Everyone gets a free gift and a raffle ticket to win a tool kit, dinner out or coffee gift certificate from La Crema Cafe

How easy is it to Quit Smoking?

By Edwin A. Melendez II

Now that we all have a new year ahead of us we also have the possibility to make it a much healthier year. We all want to improve the quality of our lives. This can mean making changes with regards to our habits. One habit we can do away with is smoking and chewing tobacco. The process can be painless and easy if done slowly. How?

Quitting is easy when we set easy goals. As an example, if we smoke a pack a day we can cut back 1 or 2 cigarettes out of the pack and then smoke the other 18 or 19. You can leave it like that for 3 weeks to a month. Starting a new month you can cut back another 1 or 2 and now you are smoking 16 to 18. You go like this reducing your quantities each month. The same goes with chew.

By reducing slowly you reduce the chances of feeling sick and tired. The withdraw symptoms are less likely to affect you when you reduce your tobacco intake slowly. At the same time we can help you with the issues that cause you to smoke such as stress, family issues, or personal issues.

We want to help you. Please come and see me during clinic hours. My number is 360 466-3167. My e-mail address is emelendez@swinomish.nsn.us. I am here for you.



Edwin A. Melendez II
Smoking Cessation
Educator

Native Medicare clients get help with care options

By Richard Walker, Today correspondent

Story Published: Dec 17, 2010

SEATTLE – Fourteen Native governments in Washington state have each received \$1,000 grants to help Medicare and Medicaid clients understand their benefits and navigate options for long-term care, including community-based services that can help them remain in their homes. The U.S. Health and Human Services Department awarded \$1.2 million in grants in Washington state and \$68 million nationwide to support community living for seniors and individuals with disabilities. "When it comes to long-term health care, each patient has a unique mix of medical and social needs that must be considered," said Dr. Donald Berwick, administrator of the U.S. Centers for Medicare and Medicaid Services. "Helping patients and their families understand (their) options will help them make informed decisions about long-term care that are in the patient's best interests." Recipients of the \$1,000 grants include: Confederated Tribes of the Chehalis, Cowlitz Indian Tribe, Lower Elwha Klallam Tribe, Makah Indian Nation, Nooksack Indian Tribe, Puyallup Tribal Health Authority, Quinault Indian Nation, Samish Indian Nation, South Puget Intertribal Planning Agency (Nisqually, Shoalwater Bay, Squaxin Island), Spokane Tribe of Indians, Stillaguamish Tribe of Indians and Swinomish Indian Tribal Community.

<http://www.indiancountrytoday.com/living/health/Native-Medicare-clients-get-help-with-care-options-112066799.html>

SWINOMISH HOUSING & UTILITY AUTHORITY



To reach SHA/SUA contact:
(360) 466-4081
Robin Carneen
Life Skills Office: (360) 466-7354



FEB 2011 Reminder:
10TH OF EACH MONTH...
RENT & UTILITIES DUE !!!!!
DON'T LET THOSE
BALANCES CREEP UP!



PADDLE TO SWINOMISH 2011
July 25th-31st
SHA can provide tenants info
on how to dispose of unwanted
vehicles and boats.
Contact Robin Carneen
at her office : M-Fri (360)466-7354

What's new in 2011....

By SHA Life Skills Counselor Robin Carneen

Some of you may have recently received a door hanger-reminder asking you to come down and pay your rent by the 10th of the month. We have been asked by the Swinomish Housing Board to start reminding some tenants in person to come in and pay by the 10th of the month. Along with the reminder to pay your rent, is an invitation to make an appointment with SHA Life Skills Counselor Robin Carneen. She can provide guidance on how to help you pay your bills and she can also pass on some life skills and house upkeep tips as well. Robin can also help you with understanding how to get an Earned Income Tax Credit (**EITC**) back this year. If you are in the low income category, you may also qualify for free help in filing your taxes and receiving larger tax refunds. Please contact her and she can explain what Earned Income tax credit is and she can see if you qualify.

INCOME TAX information from the Washington State Work Source site:

EARNED INCOME TAX CREDIT (EITC)-EITC - PUTTING MORE MONEY IN FAMILIES' POCKETS!

NEW! for tax year 2010:

The amount of EITC increased for workers with a third qualifying child and the rules changed for determining who is a qualifying child.

April 15th is not that far away. Don't wait, get started today with fast, free electronic tax preparation at a FREE Tax Preparation Center in your community, and keep more of your hard-earned money with EITC! By claiming the Earned Income Tax Credit (EITC), you could receive up to \$5,666 cash back. Even if you earned less than \$15,000 you may get money back, but only if you file. Even individuals who worked very part-time and think they don't need to file may be eligible for money from the Earned Income Tax Credit (EITC).

The IRS claims that thousands of working families and individuals in Washington State alone fails to file for the EITC each year, missing out on millions of dollars that could be returned to them. Last year, the EITC brought more than \$845 million to over 425,362 Washington state working individuals and families. This is a significant amount of money for lower income households, our savings accounts and our economy.

Who qualifies for the EITC?

Without children: Income less than \$13,460 (\$18,470 married filing jointly)- Maximum refund is up to \$457 ;
One Child: Income less than \$35,535 (\$40,545 married filing jointly)-Maximum refund is \$3,050;
Two Children: Income less than \$40,363 (\$45,373 married filing jointly)- Maximum refund is \$5,036;
Three or more: Income less than \$43,352 (\$48,362 married filing jointly)-Maximum refund is \$5,666

How do can I receive Free Tax Preparation services?

Don't pay unnecessary fees to commercial tax preparers - get FREE tax preparation help by calling 1-877-211-9274 and ask about Free Tax Prep services.

Alternatively, you can file by yourself anytime at www.icanefile.org. I-CAN! . For more information visit the EITC Campaign or contact Diane Fay, (360) 725-2903.

WINTER CAMP LETS LUMMI, NOOKSACK TEENS EXPRESS FEELINGS IN SONG

LUMMI RESERVATION - When Jonah Ballew first attended the Music Mentor Academy camp this year as part of summer school, he discovered a new way to deal with his feelings and frustrations about aspects of life on the reservation.

The 12-year-old's first song, "Native Pride," called for the end of drug use on the reservation, with lyrics including "This is my house, you better get out ... why you here anyway, you don't belong here drug man."

"I want to try to perform a lot and get the message out that it's not good, drugs and alcohol," Ballew said. "It needs to stop to make the community better."

That's why when he heard the Olympia-based organization was doing another camp during winter break, he signed up and immediately started writing more songs to inspire other tribal youth.

Ballew was one of about 40 Lummi and Nooksack tribe kids and teens who spent the week between Christmas and New Year's Day at Lummi Youth Academy, a residential support center for tribal students, writing and recording songs about their lives and their tribes.



Swinomish's Own
"Syd the Squid"

"Music is such a powerful part of all youth," said Todd Denny, founder and director of the organization. "And within tribes, it's a huge part of their culture. ... It's just bringing a contemporary wrinkle to the traditional ways and traditional culture."

Denny started the music academies about 10 years ago, using music written and recorded by tribal youth to help empower and educate other youth in the hope that preventable drug and health problems that tend to plague native communities may end.

"It feels much more powerful coming from kids rather than adults," Denny said. "We know youth inspire youth."

Denny first brought the program to the area over the summer and was thrilled with the level of interest and engagement students had. He received a grant from the Northwest Portland Area Indian Health Board to bring the program back this winter and reach even more students, this time emphasizing suicide prevention and healthy lifestyles.

At the camp, students were encouraged to write about whatever they were feeling, and then they had a chance to record their songs in makeshift recording studios. The songs will be compiled into a CD for distribution around the community.

"Music is a great, non-threatening way for youth to express themselves," Denny said.

Nine-year-old Sadie Olsen, who was attending the camp for the second time, echoed Denny's belief.

"It's actually really fun because you can really, like, express yourself," the third-grader said. "All the things you have inside you, you can show through your music."

Sunny Lopez-George had never written a song before the camp. The 14-year-old, who lives at Lummi Youth Academy, has been struggling with the death of her best friend, Nathan, about five months ago. When she was encouraged to join the camp, he was the first topic she considered writing about.

"I miss him, so I thought I'd write something about him," the Vista Middle School eighth-grader said. "I was kind of crying when I wrote it ... but it's helping."

Jonah Gaona has been rapping for years, coming up with lyrics off the top of his head while walking home, but the 16-year-old never wrote them down to share with anyone. After attending the music camp over the summer, he started carrying around a notebook, writing personal stories into hip-hop and rap songs so they can serve as inspiration to other teens.

During the summer he wrote and recorded "Coming Off Tha Streetz," in which he rapped about his disappointment in his parents' issues with alcohol, drugs and violence, and how he turned to drugs and alcohol at an early age.

"Just bad things have been going through my whole life," he said. "When I rap, it's like getting everything off my mind, everything around me doesn't matter."

For the winter camp, he led a collaborative project with some of the other students and adult mentors, singing and rapping about moving forward from bad choices and how important it is for native youth to take pride in their lives.

"This is who I am; Lummi is going to be here and be me even if I'm not here," he said. "No one can take that from me."



2010 Lummi Music Mentor Academy

photo courtesy Todd Denny, Academy founder, center



Diane Vendiola

OUR TRIBAL SOVEREIGNTY

By Diane Vendiola

Tribal Sovereignty & the Point Elliott Treaty: January 15th 1855 ONE HUNDRED – FIFTY-SIX YEARS AGO!

156 years ago, would be about seven generations ago, almost eight. Our ancestors signing the Point Elliott Treaty created a permanent home for us right here where we live. Swinomish people, as well as Samish, Kikyalus and Lower Skagit, were brought together at that time by the U.S. Government.

Today, every third Saturday in January, we celebrate the importance of the signing of this treaty. The signing of the Point Elliott Treaty marked a huge change for us as a people. It is part of our history.

In January, 2004, Washington State Representative, John McCoy of Tulalip, introduced House Bill 2406 which required school districts to include tribal history in the curriculum for every grade level. Over a year later, on April 7, 2005, Substitute House Bill 1495 passed the Senate by a vote of 35 to 9 and the House on April 20 by a vote of 79 to 17. The bill was signed into law by the Governor on April 28 on the Nisqually Indian Tribe's reservation. Representative McCoy briefly described how House Bill 1495 passed after two legislative sessions with the help **of many Tribal leaders** and state leaders. It had taken a very long time from McCoy's perspective, but a member of the Board of Education quipped that they had done it in record time, saying changes of this sort often take 30-40 years.

McCoy stressed the importance of the legislation to the future of the Tribes and the good education of all students. He noted that the bill had very important provisions for building relationships and understanding between the Tribes and their local school districts. Everyone was learning how to conduct government-to-government* relationships in education, and that was all positive. This bill concerned the inclusion of Tribal history, culture and government in the social studies curriculum in the public schools. These events marked effective Indian leadership and the legislative policymaking process as well as the addressing of issues in American Indian education and the exercise of tribal sovereignty.

We as a people chose those individual tribal members who McCoy said helped to see passage of H.B. 1495. It was those Tribal leaders who stood up and stayed the course for teaching our Indian History to all our children, non-Indian as well as Indian. Our Tribal leaders represent us and our future generations.

How are we teaching our children about traditional ways of leading? I have been told that not one person can do a job all by him or her self, and when one person was more able to lead in an area, the rest of the people let him or her lead. I hope that the teaching of our cultural traditions and lessons can compete with the messages from our dominant culture. Our Tribal history tells us about many of our past leaders. We would not have much of what we have today, if it were not for our past leaders.

In the meantime, it is never too late for any one of us to begin learning and creating new understanding. The Tribal Sovereignty curriculum that John McCoy introduced gives us the opportunity to improve local/county/state/tribal relations. We can work to educate our children, ourselves and life-long learners to tribal problems and powers, and learn to work together.

* Government-to-Government refers to the special relationship that federally recognized Indian Tribes have with the U.S. Government and with Washington State Government. The federal and state government interacts with Indian Tribes as sovereign governments.

References: Denny Hurtado and The Evergreen State College



SHELTER BAY
COMMUNITY AND



SWINOMISH INDIAN TRIBAL COMMUNITY

SAVE THE DATES!

Friday, April 1st – 7:30 PM – Film Night

Feature Film: *Kilowatt Ours: A Plan to RE-Energize America*

Second Annual Eco-Sense Fair

Saturday, May 21st 11:00 AM

Exhibits/Demonstrations
Free Shredding Day
E-Cycle



**Look for more details in your
March Newsletter**

Events sponsored by the Shelter Bay Eco-Sense Education Committee including our Swinomish Tribal Member with the assistance of the Shelter Bay Social and Recreation Committee

JUDGE THERESA M. POULEY APPOINTED BY PRESIDENT OBAMA

President Obama has nominated Theresa Pouley, Chief Judge of the Tulalip Tribal Court, to be a member of the Indian Law & Order Commission. The Commission was created as part of the Tribal Law & Order Act, signed by the President in July 2010.

"President Obama has appointed Theresa to be one of nine members of the Indian Law & Order Commission. The Commission was established under the 2010 Tribal Law & Order Act. The Commission's charter is to provide a comprehensive study of law enforcement and criminal justice in tribal communities. The Commission's work will likely entail meetings in Washington D.C. and throughout the country to gather evidence and take testimony. Within two years the Commission is to produce a detailed report to the President and Congress of its findings and recommendations for legislative and administrative actions.

In making the appointment of Theresa and other members of the Commission, the President said, "I am proud to appoint such impressive men and women to these important roles, and I am grateful they have agreed to lend their considerable talents to this Administration. I look forward to working with them in the months and years ahead."

I know that Theresa is honored by the appointment. Her family couldn't be more proud of her."

~ *Swinomish Tribal Court Chief Judge Mark Pouley (family blog)*



Theresa M. Pouley,
Member, Indian Law and
Order Commission

WASHINGTON – On January 18, 2011, President Barack Obama announced his intent to appoint the following individuals to key Administration posts:

- **Michael B. Coleman**, Member, Advisory Council on Historic Preservation
- **Horace Henry Foxall, Jr.**, Member, Advisory Council on Historic Preservation
- **Bradford J. White**, Member, Advisory Council on Historic Preservation
- **Carole E. Goldberg**, Member, Indian Law and Order Commission
- **Theresa M. Pouley**, Member, Indian Law and Order Commission
- **Ted Quasula**, Member, Indian Law and Order Commission
- **Norma Lee Funger**, General Trustee, Board of Trustees of the John F. Kennedy Center for the Performing Arts

Theresa M. Pouley, Appointee for Member, Indian Law and Order Commission

Theresa M. Pouley is currently the Chief Judge of the Tulalip Tribal Court. She is also an Associate Justice of the Colville Tribal Court of Appeals, and a member of the Colville Confederated Tribes in Northeast Washington. Judge Pouley has served as the President of the Northwest Tribal Court Judges Association since 2005, and on the Board of Directors for the National Tribal Court Judges Association from 2003 to 2004. From 1999 to 2005, Judge Pouley was the Chief Judge of the Lummi Nation. In 2009, she worked with the Department of Justice as a facilitator for the "Tribal Nations Listening Session", and in 2010 she facilitated a "Focus Group on Human Trafficking of American Indian and Alaska Native Women and Children" developed by the Office for Victims of Crime. She has also worked and lectured with the Washington State Administrative Office of the Courts on domestic violence and Indian law issues for the last several years. Judge Pouley frequently lectures at local, state and national conferences on Tribal Courts and Indian law issues, and makes regular presentations at the University of Washington's Indian Law Symposium. In 2005, The National Tribal Child Support Association named her Outstanding Judge. Previously, Judge Pouley practiced law in Michigan and Washington until her appointment to the bench in 1999. She continues to teach Indian law at Edmonds Community College, and previously taught at Northwest Indian College. Judge Pouley holds a B.A. from Gonzaga University and a J.D. from Wayne State University Law School.

Source: White House press Release January 18, 2011

<http://www.whitehouse.gov/the-press-office/2011/01/18/president-obama-announces-more-key-administration-posts>

The Tribal Law and Order Act was signed into law July 29, 2010 in response to the overwhelming evidence that violent crime on Indian Reservations, particularly crimes against women and children, gangs and drug activity, had reached alarming rates. The lack of adequate federal prosecution and the underfunding and restricted authority of tribal courts have combined to create a criminal justice crisis on Reservations. The Tribal Law and Order Act takes a comprehensive approach at addressing these shortfalls by establishing accountability measures for Federal agencies responsible for investigating and prosecuting reservation crime, and by providing tribes with additional tools to combat crime locally. Among the Act's many features tribes may now increase their tribal court sentencing authority from 1 to 3 years imprisonment. The Act offers a great opportunity to improve the justice systems in Indian country, but implementation will require significant coordination among federal agencies and all components of tribal justice systems. The Swinomish Law & Order Committee, the tribal court and the Office of the Tribal Attorney are reviewing the Act to determine how it might best serve the interests of the Swinomish Community.

TODDLER PROGRAM AND CHILD CARE



Childcare closes early at 5:30 every other Thursday. The dates are:
Feb 3, 17
Mar 3, 17, 31



Welcome to Antarctica!

Quentin, Savannah, and Brandon transform themselves into a polar bear and penguins



If you visit the Swinomish Childcare Center, you'll see polar bears and penguins! You will also learn a lot about Antarctica, a very icy place.



Scientist Christine holding Swinomish waterdrop!

Julie Barber is a marine biologist who studies clams and other ocean inhabitants for the Swinomish Tribe. In September, she visited the Toddler Class to tell them about the trip she would be taking to Antarctica to study the ocean floor and the water there. The children made their own "Waterdrop" (left) to travel with her as part of a program for researchers and teachers called "PolarTrec."

Julie and another scientist named Kevin went scuba diving under the ice of Antarctica to take a look (and some pictures!). First, she and her crew helped drill and scoop out a hole in the ice (left). They put on special, warm diving equipment and went down the hole, under the ice to the ocean floor!



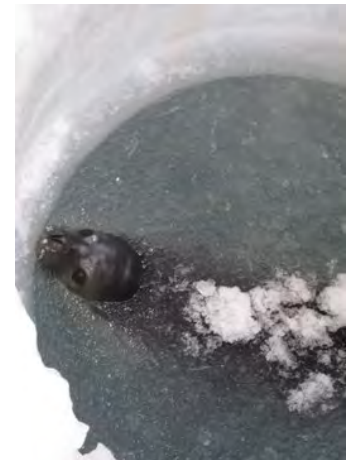
What was under there?

Julie saw many kinds of beautiful sea creatures, including a large anemone which they named "Miss Piggy" because it had eaten all those scallops (below left) and a huge volcano sponge (below right).

Julie's Antarctica trip ended in December. She will soon be paying another visit to the class to tell them all about her undersea adventures!



Julie Barber
Swinomish Scientist in scuba gear ready to go under the ice and see the ocean floor!



A curious seal swam up to say hello after the hole was drilled through the ice.



Cold Weather & Indoor Air Quality

Swinomish Air Quality Programs Asthma Prevention Campaign

Swinomish Air Quality Program

Office of Planning and
Community
Development
11430 Moorage Way
La Conner WA 98257



Tony Basabe 466-2512
Lynette Ikebe 466-1293

Most of us spend much of our time indoors. The air that we breathe in our homes, in schools, and in offices can put us at risk for health problems, especially children and elders. Some pollutants can be chemicals, gases, and living organisms like mold and pests from several sources. Some pollutants cause health problems such as sore eyes, burning in the nose and throat, headaches, or fatigue. Other pollutants cause or worsen allergies, respiratory illnesses (such as asthma), heart disease, cancer, and other serious long-term conditions. Sometimes individual pollutants at high concentrations, such as carbon monoxide, cause death.

Understanding and controlling some of the common pollutants found indoors is the first step. Now that the cold weather is fully upon us, we begin to bundle-up and seal-up. Please take the time to check if your woodstove is operating properly and remove any molds in the home with a small amount of bleach, soap and water. If the molds persist after a few cleaning attempts or your wood stove is producing excess smoke, call the *Swinomish Air Program*. This is a free service, where we can help provide a solution. An indoor air quality assessment only takes about one-hour by our professionals, don't wait.

*Care for your air -
Take action to improve
air quality in every room!*



FROM THE MOUTH OF BABES... What Love means.

When asked the question, 'What does love mean?' a group of 4 to 8 year-olds provided some very insightful answers.

"Love is when my mommy makes coffee for my daddy and she takes a sip before giving it to him, to make sure the taste is OK." Danny - age 7

"Love is when you kiss all the time. Then when you get tired of kissing, you still want to be together and you talk more. My Mommy and Daddy are like that. They look gross when they kiss." Emily - age 8

"Love is what's in the room with you at Christmas if you stop opening presents and listen." Bobby - age 7 (Wow!)

"If you want to learn to love better, you should start with a friend who you hate," Nikka - age 6 (we need a few million more Nikka's on this planet)

"Love is when you tell a guy you like his shirt, then he wears it everyday." Noelle - age 7

"Love is like a little old woman and a little old man who are still friends even after they know each other so well." Tommy - age 6

"During my piano recital, I was on a stage and I was scared. I looked at all the people watching me and saw my daddy waving and smiling. He was the only one doing that. I wasn't scared anymore." Cindy - age 8

"My mommy loves me more than anybody. You don't see anyone else kissing me to sleep at night." Clare - age 6

"Love is when Mommy gives Daddy the best piece of chicken." Elaine-age 5

"Love is when Mommy sees Daddy smelly and sweaty and still says he is handsomer than Robert Redford." Chris - age 7

"Love is when your puppy licks your face even after you left him alone all day." Mary Ann - age 4

"When you love somebody, your eyelashes go up and down and little stars come out of you." Karen - age 7

"You really shouldn't say 'I love you' unless you mean it. But if you mean it, you should say it a lot. People forget." Jessica - age 8



CELEBRATIONS

PHOTOS ARE SUBMITTED

**Selena Ann
Decoteau**

Born to:
Russell and Harlene
Decoteau

Paternal Grandparents:
Jennifer G. Peters
Jackson W. Harvey

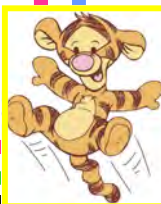
Maternal Grandparents
Alfredo & Genarda Manuel
of the Philippines.

Great Grandparents: Beverly
& Francis Peters, Swinomish

Great Grandfather: Leonardo
Manuel, Philippines



Born October 15, 2010
weight 5.98
length 40 centimeters

**William Aaron
Yakanak**

Born to:
Natasha Yakanak

Island Hospital
Anacortes, WA

Grandmother:

Janet Williams

Grandfather: Gregory
Yakanak



Born December 16, 2010
5:18 PM
8 lbs 1oz
18 1/2" long

Gavin John Day

born to
Summer Charles
and
Joe Day
and Big Brother Ryan

November 10, 2010



Welcome Gavin!

**Daveena
Hellen Ann
Charles**

Born January
20, 2011

7 lbs. 1 oz.
20" long



Parents: Lenora Siddle and Clarence Charles
Big Sister: Jaselle Siddle-Sylvester

**Married**

Dec.31st, 2010
at the
1910 Indian Shaker
Church

Thank you everyone
who attended and
shared

Our Special Day
with us,
Much Love & Respect
Rodney & Ida John



Mr. & Mrs. Rodney V. John

**Sophia
Elizabeth
Edwards**

7 lbs 13 oz
19" long
Mt. Vernon,
WA



Born January 10, 2011
to Evangeline Leavitt and
Glen Edwards, Jr.

Happy Birthday
CeCe Rae Rae!!

FEB.
27th



Love Dad, Mom and
Sister & Family

FEB.
26th

Happy Birthday
Hannah!!



Love Dad & Family

HAPPY BIRTHDAY
MARLYS BAKER!



FEB.
14th

From your family &
friends at Swinomish!

BRIANA NICOLE PORTER!

WE LOVE YOU!

H
A
P
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Y

B
I
R
T
H
D
A
Y!

FEB.
12th



FROM THE WHOLE
FAMILY!

BRIAN
PORTER

FEBRUARY 18TH

HAPPY BIRTHDAY!

WITH LOVE,
FROM THE WHOLE
FAMILY!



★HAPPY★
BIRTHDAY!



William Damien
With Love
from your family!



Congratulations to
Staff Members

Pat (Lujan)

&

Medicine Bear
Lone Warrior

Married

October 2, 2010
in El Cajon, California



HAPPY
BIRTHDAY
KURT
BASSFORD!

Lots of Love
from the whole
family!



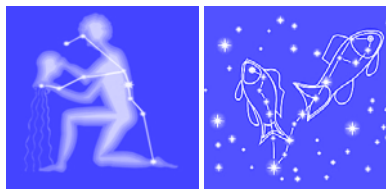
*Flower: Violet*

FEBRUARY BIRTHDAYS!

*Birthstone: Amethyst*

2/1	Madeline Adeida Charlene Cayou	2/11	Sylvia Katherine Edge	2/20	Janet Ann Charles
2/1	Della May Manibusan	2/11	Patricia M. Hawk	2/20	Melvin A. Bailey
2/2	Stephen Angelo Joe	2/12	Marlon Keith Edwards, Sr.	2/20	Talia Marie Bill
2/2	Theresa Ann Jimmy	2/12	Norval James Charles, Jr.	2/21	Makenzie Wanchena
2/3	Rose Marie Williams	2/12	Austin Michael Stewart	2/21	Mandi Sonjetta Meidlinger
2/3	Lori Marie Nguyen	2/12	Kathleen R. Douglas	2/22	Vincent Harvey Cayou, Jr.
2/3	Olivia D.N.V. Cayou	2/13	Rodney John III	2/23	Aaron Jack, Jr.
2/4	Sherry Lynne Nelles	2/13	Robert Randy Johnston	2/23	Brent Jason Bobb, Sr.
2/4	Ivan Charles Willup, Sr.	2/13	Kelci Breanne Douglas	2/23	Christian David Johnston
2/5	Xavier Caleb Joseph Keo Beoloe	2/13	Jennifer Lynn LaPointe	2/23	Allen Joseph Wayne Bill
2/5	Michael Melchor Vendiola	2/14	Marlys Michelle Baker	2/23	Tamara Carmen Cayou
2/5	Kane Raymond Williams	2/14	Joseph James Finkbonner	2/23	Michelle Arlene Cladoosby
2/6	William Anthony Damien	2/15	Raymond Albert Merian	2/23	Jason David Leon Billy
2/6	Corey Hamburg	2/15	Tia Ariel Shannacappo	2/24	John Carl Gossglass IV
2/6	David Owen Williams	2/16	Kyle James Bailey	2/24	Andrea Sampson
2/7	Ida Larie Edwards	2/16	Ivory La Souryavong	2/24	Josephine Marie Finkbonner
2/8	Kevin Brian Paul	2/16	Joseph Charles LaPointe	2/24	Marcia Lou Stell
2/9	Naomi E. Cayou	2/16	Robert Wayne Joe, Sr.	2/25	Debra Fernando
2/9	David Lane Fernando	2/17	Haley Colleen Marie James	2/26	Hannah Marie Grossglass
2/9	Paula Jean Oldham	2/18	Brian Gene Porter	2/27	Andrew William Bill
2/10	Kevin John Day II	2/18	Jeanne C. James	2/27	Richard LaPointe
2/10	Briana Porter	2/18	Lona Agnes Wilbur	2/27	Cincerrae Ann Grossglass
2/10	Marvin Kevin Cladoosby	2/19	Kurt William Bassford	2/27	Lenor Joseph
2/10	Melissa Alaminta Bobb			2/28	Erica Irene John

*Constellation:
Aquarius The Water Carrier
January 20-February 19*



*Constellation:
Pisces the Fish
February 20-March 20 Pisces*

February was named after the Latin term februum, which means purification, via the purification ritual Februa held on February 15 in the old Roman calendar. January and February were the last two months to be added to the Roman calendar, since the Romans originally considered winter a monthless period. They were added by Numa Pompilius about 713 BC.

Under reforms that instituted the Julian calendar, leap years occurred regularly every fourth year (after a few years of confusion), and in leap years February gained a 29th day.

Even during the Middle Ages, when the numbered Anno Domini year began on March 25 or December 25, the second month was February whenever all twelve months were displayed in order.

Historical names for February include the Anglo-Saxon terms Solmonath (mud month) and Kale-monath (named for cabbage) as well as Charlemagne's designation Hornung. In Finnish, the month is called helmikuu, meaning "month of the pearl"; when snow melts on tree branches, it forms droplets, and as these freeze again, they are like pearls of ice. In Ukrainian, the month is called лютий meaning the month of ice or hard frost. (Wikipedia:-February")

hah s-gwuh-tsu- -daht dwh-ahl duh-gwee.
hah s-gwuh-tsu- -daht dwh-ahl duh-gwee.
hah s-gwuh-tsu- -daht tee/tsee dear ones
hah s-gwuh-tsu- -daht dwh-ahl duh-gwee





Jim Stanley

This month's article details a general business concept which is win-win relations between two separate business entities for mutually beneficial gain.

Native Business: Win Win

A win-win relationship is where two or more parties do business together and work in a way that produces mutually beneficial gain. Often, a successful partnership between two companies occurs when each takes the time to understand the other.

Take for example Food Services of America's (FSA) "Solutions" program for their food service customers. FSA is a broad line foodservice distributor that has experience working in Indian Country. They have designed a program which they offer in good will to their clients in acknowledgement for their loyalty.

FSA believes that their clients' success is their success, and they are deeply committed to a partnership where their clients can go for their everyday foodservice needs and improve their business from good to great.

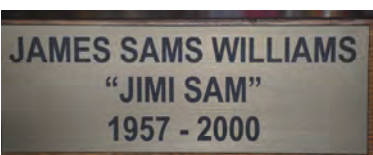
In the grand scheme of a competitive marketplace, FSA helps their clients (tribal food service operations) become more profitable, operate with less waste, and unlock work-force potential. As time passes and both companies work together, they grow in strength. This strength allows the tribal restaurant to attract more customers and drive operating costs down; FSA retains a client that is highly likely to remain loyal to purchase their goods and services and stay in business as the economy moves up and down. Comparatively, if FSA and a tribal restaurant were to operate without building a relationship based on mutual gain then it is reasonable to conclude that both parties would not have success as fast or be able to compete against market forces as well.

for example...

"FSA helps their clients (tribal food service operations) become more profitable, operate with less waste, and unlock work-force potential."

If you would like to know more, I make available to you Mike Abercrombie, Director of Client Relations, mike_abcrombie@fsafood.com. I wish you well my friends.

Jim Stanley is a tribal member of the Quinault Nation, Vice president of the Quinault Nation Enterprise Board, and board member of the Northwest Native American Chamber. He freely shares his knowledge and resources with you, his cousin, for your



The late Jimi Sams Williams- de Quala - is remembered with a

plaque at the La Conner Tavern.

The plaque was dedicated December 23, 2010. Jimi is remembered by Swinomish for his active involvement with the canoe journey, his cedar carved masks and artwork, and producing the Swinomish Blues Festival with his wife Ava Goodman.

His early death was the result of a heart attack during General Council, February 7, 2000, resulting in the installation of EHD machines in all tribal buildings and regular staff training on their use.



Jimi's daughters Carrie Sams Gustafson and Josiane Sams Williams Damien

Photo by Patricia Breckenridge



Is salting the roads bad for the environment?

Yes and No. Salt is not necessarily bad for Planet Earth, however it can be bad for the current environment in which we live in. With low winter temperatures, often the roads, parking lots and sidewalks are icy and dangerous. One of the various methods of clearing the ice, making for safe passage, is distributing salt onto the ground. Let's take a closer look to see what is really going on!

To Begin with, salt (chemically: NaCl , a.k.a. Sodium (the Na part) Chloride (the Cl part)) is a corrosive substance, which means that it is chemically reactive with other compounds in the environment. When salt is added to water, it begins dissolving into its ionic components. Specifically, a *cat-ion* (Na^+) and an *an-ion* (Cl^-). These components are the big troublemakers! Once salt is applied to a snow and ice covered road, you can sometimes see immediate damage to the environment in the form of salt-burnt plants on the side of the road.



Salt burn seen as brown discoloration on plant leaves

When a car drives through the slushy salt solution, it can spray the roadside with large amounts of salt water. When the salt lands, it begins reacting with other compounds (metal guardrails, street signs, storm water grates etc.).

The greater problem occurs when large amounts of salt are introduced into ecosystems that cannot readily assimilate it, which effects its accumulation in soil and water. As salt-laden snow melts, it carries the dissolved salt with it. Some of that salt

will end up as deposits in surrounding soil, and some of it will end up in larger bodies of water, such as wetlands, wells, lakes and ponds.

Deposited in soil, salt reduces the soil's ability to transport water, which has a direct affect on a plant's ability to take up water. In addition to this, the chloride in the soil may be absorbed by the plant in place of vital nutrients. It may also combine with some of those nutrients, preventing them from reaching the plant. When salt reaches larger bodies of water and accumulates, it can affect every aspect of the aquatic ecosystem. In watersheds and wells, where many people get drinking water, it can result in increased salt intake. For people with certain medical problems, this is can be very harmful. In lakes and ponds, salt can affect oxygen levels in the water, which affect aquatic flora and fauna in their ability to take in oxygen. The ions can also give rise to the growth of undesirable forms of algae in the water. Aquatic amphibians with porous skin can also be negatively affected.

In addition to the environmental and health impacts, and the corrosion of man-made objects, salt can also hurt your pet! Dogs especially can get sick from licking their paws after walking on salty roads or walkways, and may even burn there bare skin on their paws. Always wash your pets paws with a warm washcloth, and apply a soft balm to protect them from the drying effects of salt. Better yet, get them some booties!

So overall, salt in excess amounts can have negative long-term effects on the environment in many ways. Clear, non-icy sidewalks and streets are safer, but next time get the snow shovel out and clear the snow before it turns to hard ice. If needed use salt sparingly and always wash the under carriage of your vehicle if your area uses salt on the road!



Salt crystals on the pavement



A close view of strong rust due to salt corrosion



Sad amphibian



Morning Joe and Donuts will be provided. We may even have a few surprise gadgets

SHELTER BAY COMMUNITY AND SWINOMISH INDIAN TRIBAL COMMUNITY

GUYS AND GALS WEEKEND WORKSHOPS

Two Great Workshops

9:00 a.m. – Newer Environmentally Friendly Building Materials

10:45 a.m. – How to Save \$\$\$'s on Your Home Energy Bill

Saturday Morning – February 26th

Shelter Bay Community Clubhouse – 1000 Shoshone Drive

Workshops sponsored by the Shelter Bay Eco-Sense Education Committee including our Swinomish Tribal Member with the assistance of the Shelter Bay Social and Recreation Committee



Two Knowledgeable Presenters for each Workshop
2 - 1½ hour presentations with the opportunity to ask questions
15 Minutes Break between Workshops
Informal – this is a 'jeans' day



TIDE TABLE: FEB '11 - Lone Tree, Snee-Oosh, N.Skagit Bay (ft MLLW)

Date	High Time/Height	Low Time/Height	High Time/Height	Low Time/Height	High Time/Height	Moon	Sunrise	Sunset
Tue 01	05:33 11.57 ft	11:06 6.09 ft	15:39 10.07 ft	22:36 -0.69 ft			7:39	17:08
Wed 02	06:00 11.61 ft	11:42 5.60 ft	16:26 9.97 ft	23:13 -0.43 ft		New Moon	7:37	17:10
Thu 03	06:22 11.60 ft	12:14 5.09 ft	17:09 9.84 ft	23:48 0.02 ft			7:36	17:12
Fri 04	06:41 11.60 ft	12:45 4.53 ft	17:52 9.67 ft				7:34	17:13
Sat 05		00:22 0.64 ft	07:02 11.62 ft	13:16 3.94 ft	18:36 9.45 ft		7:33	17:15
Sun 06		00:55 1.43 ft	07:26 11.62 ft	13:49 3.35 ft	19:22 9.21 ft		7:31	17:17
Mon 07		01:29 2.38 ft	07:52 11.53 ft	14:25 2.79 ft	20:12 8.93 ft		7:30	17:18
Tue 08		02:04 3.45 ft	08:21 11.33 ft	15:04 2.31 ft	21:07 8.66 ft		7:28	17:20
Wed 09		02:40 4.58 ft	08:53 11.01 ft	15:48 1.91 ft	22:13 8.43 ft		7:27	17:21
Thu 10		03:21 5.70 ft	09:27 10.62 ft	16:38 1.58 ft	23:37 8.39 ft	First Q	7:25	17:23
Fri 11		04:13 6.72 ft	10:07 10.22 ft	17:34 1.22 ft			7:24	17:25
Sat 12	01:35 8.74 ft	05:36 7.49 ft	10:58 9.91 ft	18:35 0.76 ft			7:22	17:26
Sun 13	03:04 9.42 ft	07:23 7.73 ft	12:00 9.78 ft	19:35 0.16 ft			7:21	17:28
Mon 14	03:48 10.08 ft	08:41 7.46 ft	13:06 9.90 ft	20:30 -0.47 ft			7:19	17:30
Tue 15	04:19 10.63 ft	09:31 6.89 ft	14:08 10.20 ft	21:20 -1.01 ft			7:17	17:31
Wed 16	04:45 11.10 ft	10:12 6.09 ft	15:06 10.58 ft	22:06 -1.28 ft			7:15	17:33
Thu 17	05:11 11.53 ft	10:53 5.10 ft	16:01 10.89 ft	22:50 -1.20 ft			7:14	17:34
Fri 18	05:38 11.93 ft	11:34 3.97 ft	16:56 11.06 ft	23:34 -0.70 ft		Full Moon	7:12	17:36
Sat 19	06:08 12.25 ft	12:17 2.79 ft	17:52 11.04 ft				7:10	17:38
Sun 20		00:18 0.19 ft	06:40 12.47 ft	13:02 1.71 ft	18:51 10.83 ft		7:08	17:39
Mon 21		01:03 1.39 ft	07:15 12.50 ft	13:49 0.84 ft	19:52 10.47 ft		7:07	17:41
Tue 22		01:49 2.79 ft	07:52 12.31 ft	14:39 0.27 ft	20:59 10.02 ft		7:05	17:42
Wed 23		02:38 4.23 ft	08:33 11.88 ft	15:33 0.04 ft	22:15 9.62 ft		7:03	17:44
Thu 24		03:36 5.55 ft	09:19 11.24 ft	16:32 0.08 ft	23:52 9.46 ft	Last Q	7:01	17:46
Fri 25		04:52 6.57 ft	10:14 10.49 ft	17:37 0.25 ft			6:59	17:47
Sat 26	01:38 9.75 ft	06:41 6.98 ft	11:22 9.82 ft	18:47 0.37 ft			6:57	17:49
Sun 27	02:54 10.26 ft	08:21 6.64 ft	12:39 9.40 ft	19:53 0.39 ft			6:55	17:50
Mon 28	03:46 10.68 ft	09:25 5.99 ft	13:53 9.30 ft	20:50 0.38 ft			6:53	17:52

CLAM PSP



Shellfish
collection for
PSP analysis is

**SAFE
TO
EAT!**

Please go to

<http://www4.doh.wa.gov/gis/mogifs/biotoxin.htm>

for emergency
PSP information

The Great Backyard Bird Count

The great Backyard Bird Count is an annual four-day event that engages bird watchers of all ages in counting birds to create a real-time snapshot of where the birds are across the entire continent. There are so many birds, that it is impossible for scientists to count and observe them all! This is why you can help! Anyone can participate, it takes as little as 15 minutes on one day, or you can count for as long as you like each day of the event. It's free, fun, and easy-Plus it helps the birds!



Mountain Chickadee

When?

Friday February 18 through Monday February 21

Where?

Your backyard, a park, the ball field, the beach, or ANYWHERE OUTSIDE!

ENTERTAINMENT



RIDDLES

Why is the longest human nose on record only eleven inches long?

Because if it was twelve inches it would be a foot.

You answer me, although I never ask you questions. What am I?

A telephone.

You are participating in a race. You overtake the second person. What position are you in?

If you answer that you are first, then you are absolutely wrong! If you overtake the second person and you take his place, you are second!

You can't keep this until you have given it.

A promise.

Your mother's brother's only brother-in-law is asleep on your couch. Who is asleep on your couch?

Your father.

Past mountain, meadow, field, and hill, it follows a river while standing still.

A riverbank.

Take off my skin – I won't cry, but you will! What am I?

An onion.

The more it dries, the wetter it gets. What is it?

A towel.

What goes up and down without moving?

Stairs.

What grows up while growing down?

A goose.

What happened in the middle of the twentieth century that will not happen again for 4,000 years?

The year 1961. It reads the same upside down. This will not happen again until the year 6009.

What has a foot on each side and one in the middle?

A yardstick.

What has four eyes but cannot see?

Mississippi.

What has no beginning, end or middle and touches every continent?

The ocean.



Lessons We Can Learn from a Snowman

- * Wearing white is always in style—even after Labor Day.
- * Getting outside in the winter is good for your health.
- * It's fun to just hang out in your front yard.
- * We're all made up of mostly water.
- * Accessories don't have to be expensive.
- * Don't get too much sun!
- * If you're a little bottom heavy—hey, that's okay!
- * You know you've made it when they write a song about you.
- * If you look down and can't see your feet—you're probably not very active.
- * Sometimes sweating too much can have disastrous results.



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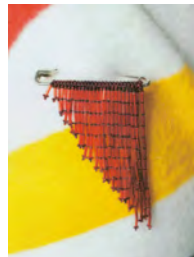


NAMAPAHH
NAMAPAHH First People's Radio
is hosted and produced by
Robin Carneen,
an enrolled member of the Swinomish Indian Tribal Community, in
La Conner, WA. Topics include-
Native American news, views & music & you can listen online at
(archives too!):
http://www.blogtalkradio.com/namapahh_radio

Native Design



Design and distribution of
international
Indigenous Creations
Wholesale &
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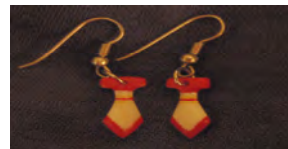
For a complete brochure contact:
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Lonnie Cutts 360-630-9397
thenativedesign@gmail.com

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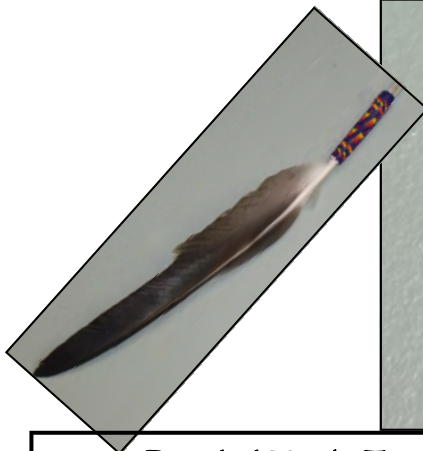
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- Earrings (Beaded or made from bone and quill)
- Chokers, necklaces, key-chains, pens

Swinomish Biz? Your business card posted free!

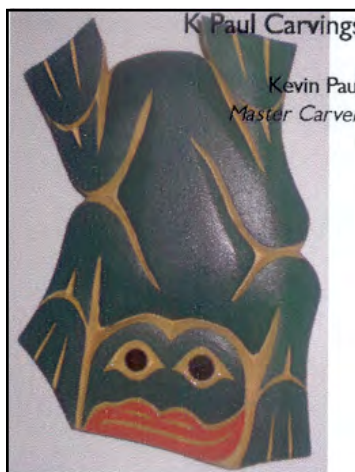
Send to: keeyoks@gmail.com

or: 17337 Reservation Road La Conner, WA 98257



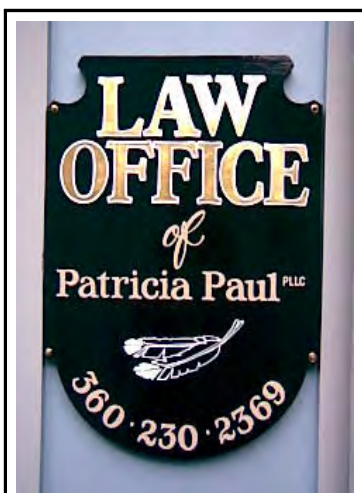
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La Conner, WA 98257
patriciapauljd@msn.com



Swinomish Indian
Tribal Community



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kiyuuq^{ws}
17337 Reservation Rd.
La Conner, WA 98257
keeyoks@gmail.com



search: KEE YOKS Newspaper



OR CURRENT RESIDENT

CANOE JOURNEY 2011 ~ LOVING, CARING, AND SHARING



Tribal Canoe Journey Community Dinner February 16th

The monthly Community Dinners are open to anyone interested in helping with the Paddle to Swinomish this coming July. Participants can look forward to a raffle, participating in a craft activity, and witnessing special recognition of community members in their contributions to the Journey.

January Dinner: Chairman Cladoosby displays his hand-beaded tie (*left*), crafted and presented to him by Karen Paul; Mary Ellen Cayou (*below*) displays a carving by Kevin Paul, donated for the Senior Raffle; and Amanda Washington helps her cousin Victor Bailey weave a cedar box while Cillastina Edge observes (*right*).



Photos: Robin Carneen

visit the website:
Paddle to Swinomish
<http://paddletoswinomish.com/>

Contact:
Aurelia Washington
Canoe Journey Coordinator
Swinomish Indian Tribal Community
11404 Moorage Way
La Conner, WA 98257
awashington@swinomish.nsn.us
Office phone: 360-466-1359