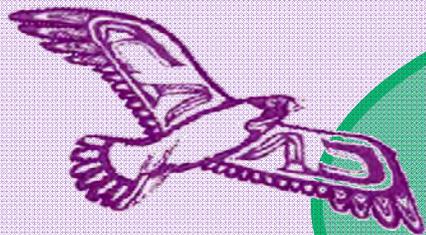


VOLUME 45

ISSUE #1



swədəbš kiyuuq^ws

Swinomish Indian Tribal Community

KEE YOKS

SINCE 1966

2011

Happy New Year!

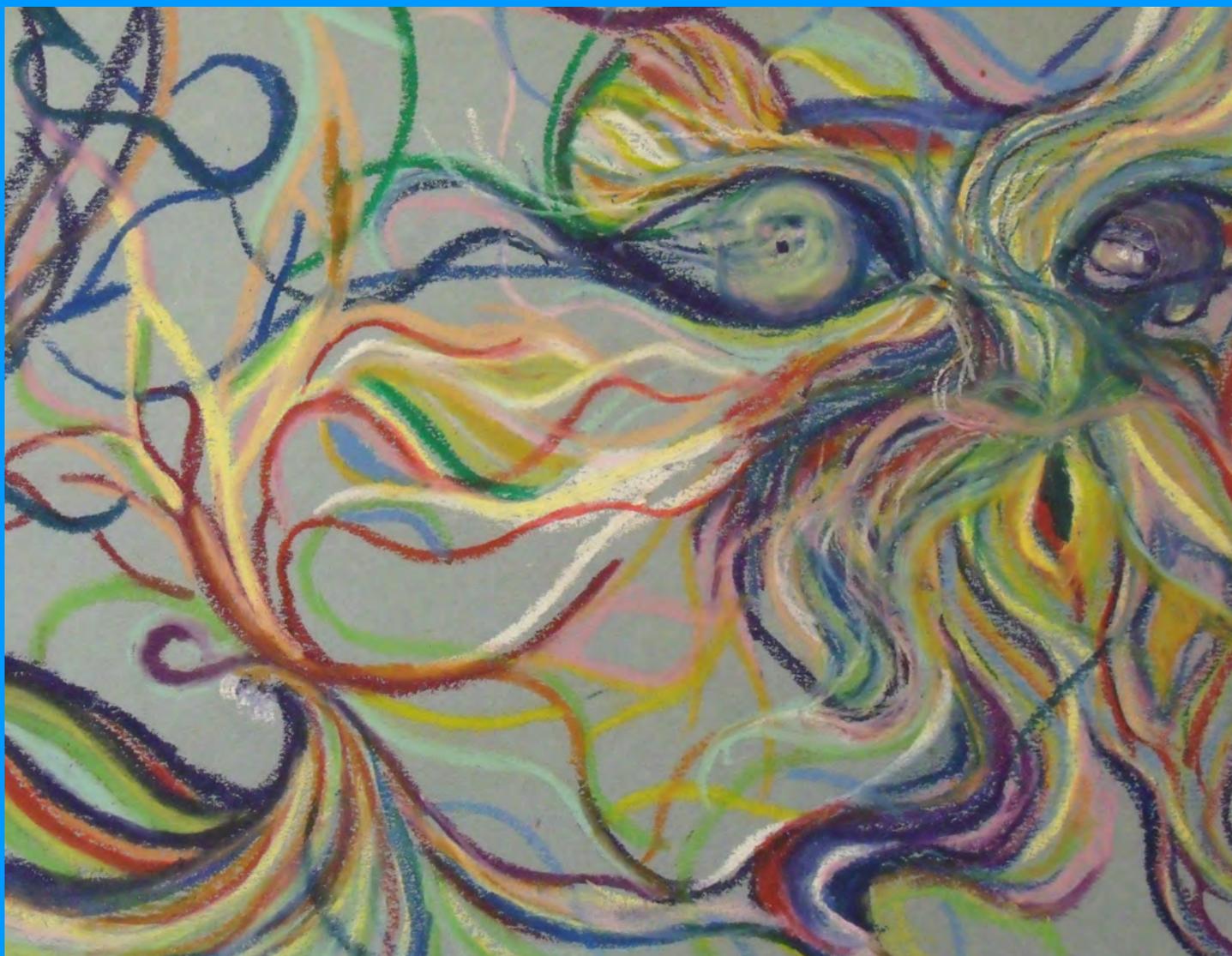
ʔəsjuʔil x^wəwsaladx^w

(us-joo-eel whuw-sol-adwh)

ʔiǰs

JANUARY

to "stick or adhere" as when things
stick together from freezing or sides
stick from hunger



Kiyuuq^ws**The Seagull**

An official
publication
of swədəbš

**Swinomish Indian
Tribal Community**

Officers:

Brian Cladoosby, Chairman
Barbara James, Vice Chair
Sophie Bailey, Secretary
Dianne Edwards, Treasurer
Allan Olson, General Manager

Tuk Tuk Luus

Senators:

Sophie Bailey
Sapelia

Brian Cladoosby
Spee pots

Dianne Edwards
Ya-so-litza II

Glen Edwards
Cha-das-cud II

Steve Edwards

Barbara James
Taləq talə II

Leon John
sm ʔk ʔ ʔ

Kevin Paul
Wa lee hub

Brian Wilbur

Tandy Wilbur
Wolfe

Chester Cayou, Jr.
Pay a huxton

The Kiyuuq^ws
deadline to get something into
the February 2011 issue is

JANUARY 15TH

The Kiyuuq^ws

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La Conner, WA 98257
360-466-7258
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Photos: kiyuuq^ws and submitted

This issue of the Kiyuuq^ws is
available on the Swinomish website.

<http://www.swinomish-nsn.gov/>

The on-line version of Kee yoks
is in full color.

Because we are now on the internet, when submitting information or photos, please be aware that everything published in Kee yoks will also be on the internet and available to the world. Please consider carefully whether anything you are submitting might have information or images that may not be appropriate for the internet. By submitting information or photographs to Kee yoks for publication, we consider that you are agreeing we can publish the information or photo in both the paper version of the Kee yoks and on the Swinomish Indian Tribal Community website.



"KEE YOKS Newspaper"

**Cover: *The Color of Wind*
pastel by Caroline Edwards**

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Kiyuuq^ws Mission

The mission of the kiyuuq^ws newspaper is to provide monthly communication to swədəbš, the Swinomish Indian Tribal Community, near and far. We are committed to serving as an apolitical forum for SITC governing officials and all community members. The newspaper is not intended to reflect the official position of the governing body of the Swinomish Indian Tribal Community, but rather reflects the ideas, events, and thoughts of individual community members and tribal staff. As such, the Swinomish Tribe makes no claim as to the accuracy or content of any of the articles contained therein.

Swədəbš Kiyuuq^ws Swədəbš Kiyuuq^ws Swədəbš



SPEE-POTS

CHAIRMAN'S MESSAGE BY BRIAN CLADOOSBY



Our Swinomish Community recently celebrated ground breaking for a building which will be a Women's Abuse and Domestic Violence Center. It will be located in the Tallawalt neighborhood. The goal of providing a safe place that also provides services to help our victims has been a long one for our Senate. We are so very grateful to now have the funding and opportunity to ensure a safe place located close to friends and family.

In the past 20 years, our community members have faced grave impacts of various abuses, but most heartfelt are the victims of domestic, elder and sexual abuse. We have relied upon close communities and tribal centers from around us to help and provide support to those in need: our abused women. The Tribe has been striving to build our capacity both financially and professionally, so we may be well prepared to offer a the very best services. We want these services to remain in place for the long term for our tribal members.

The new center will have the capacity for a small number of members, but will be efficient for our needs. For now, we are estimating a timeline of about two years to complete the facility. Although 2 years can seem like forever, the outcome will be a 24/7 service that ensures confidentiality, safety, emergency care and support. For many of our members who are suffering from abuse, we are taking the essential step as a responsible government to provide care and aid in healing and moving towards a safer way of life.

We have grown our social service program into a leading model for other rural tribes in the Pacific Northwest. We will continue to provide the very best trained staff for our community. This abuse shelter will compassionately serve our members in need.

Let me share a few of the facts below. As they are national statistics, they are close to the reality of the situation many women face today.

These facts are disheartening, but keep in mind that there are struggles in all of our lives, whether it's domestic violence, child abuse, alcohol or drug abuse, or just plain hateful crimes. Whether or not we share these struggles with family or strangers, we need to continue to help one another by lending a helping hand, a prayer, or just a smile. Your help may just be what a victim is searching for...someone who cares.

May the Creator bless you and keep you safe, and may all of those who are in a difficult time remember that we care about you, and we are there if you need us...just ask.

National Facts:

One in three women has been beaten, coerced into sex or otherwise abused during her lifetime. (Source: Sexual Assault Experiences and Perceptions of Community Response to Sexual Assault, 2001)

One out of every six American women has been the victim of an attempted or completed rape in her lifetime. (*Rape, Abuse & Incest National Network*)

On average, more than three women a day are murdered by their husbands or boyfriends in the United States. (*Family Violence Prevention Fund*)

Every nine seconds, a woman is beaten in the United States. (Source: *American Institute on Domestic Violence* 2001)

Women ages 20-34 endure the highest rates of domestic violence. (Source: *American Institute on Domestic Violence* 2001)

Only about one in five domestic violence victims with physical injuries seek professional medical treatment. (Source: *Bureau of Justice Statistics*)

Sexual violence starts very early in life. More than half of all rapes of women (54%) occur before age 18; 22% of these rapes occur before age 12. (Source: Tjaden and Thoennes, 2000)

Intimate partner violence is the leading cause of injury to women. It affects 1-3 million women a year in the U.S., making it more common than muggings, stranger rapes and car accidents combined. (Source: Frisso JA et al., 1996. Tjaden P, Thoennes N, 1998)

Domestic crime against adults accounts for almost 15% of total crime costs: over \$67 billion per year. (Source: *Victim Cost and Consequences: A New Look*. National Institute of Justice Research Report, Jan. 1996) Washington State Data

Approximately 1 of every 6 adult women in Washington has been a victim of one or more completed forcible rapes during her lifetime. (Source: *Rape in Washington: A Report to the State*)

continued on page 6



Swinomish Water Resources Program

Native Plant of the Month — Indian's Dream Fern



Landscape Value

The Pacific Northwest is home to about 40 species of ferns. Ferns can be found in nearly every area of our region, and so there are also many native ferns likewise appropriate for nearly every garden condition, even sunny rock gardens! They are virtually disease and pest-free, and can provide a range of textures and heights and help create an elegant shade garden collage. Small and tufted, these ferns that nestle in crevices in and among rocks grow only about 4-6" in height. This fern species snuggles against craggy outcrops and rocks, extending its roots underneath for both protection and the coolness of the moist soil below. The origin of the plants name remains a mystery, with a dimension of intrigue.

Indian's Dream Fern *Aspidotis densa*

This fern has leaves on long stalks attaching the leaf-blade to the stem, with the blade occupying less than half of the total length of the leaf when including the petiole (stalk). The fertile and sterile leaves may look alike or slightly different and they are very soft and lacey. The leaf blade is triangular and composed of many leaflets which are subdivided into untoothed segments. The segments are lined with clusters of spores over which the edges of the leaf are folded to form a false indusium (or umbrella like covering). This indusium is unmistakable when identifying them in the wild. Native to most of the West coast, they are also very abundant on the San Juan Islands.

Lushootseed dx^wləšucid (unable to locate Indian Dream Fern)



Bracken Fern

čalas (North Puget Sound)



Sword Fern

sxaxəlc

from the [Dictionary of Puget Salish](#) by Thom Hess
photo source: <http://www.tulaliplushootseed.com/>

Winter Lushootseed dx^wləšucid Language Classes now forming

If you are interested, contact Carmen Pastores-Joe
cpastoresjoe@swinomish.nsn.us
Office: 360-466-7356
Cell: 360-610-0021

Proposed time: Tues/Thurs evening
5:30-6:30 PM

Please let us know if this time would work out
for you

WHITE HOUSE TRIBAL NATIONS CONFERENCE



Chairman Brian Cladoosby and twelve other Native American leaders from across the U.S. met with President Obama at the White House in December to discuss matters of concern to the country's 565 treaty tribes. The gathering was the second annual White House Tribal Nations Conference hosted by President Obama. Cladoosby, who is also president of the Affiliated Tribes of Northwest Indians, described the group's meeting with the president and cabinet members as a "government-to-government" summit. "We need to start talking to one another in a manner that reflects our sovereignty," Cladoosby said in a press release following the conference. "And this face-to-face summit is to allow our governments to address the shared

December 15, 2010; Pres. Obama and 12 Leaders (Brian wearing cedar hat)

responsibility and obligation to our Native American citizens."

Discussion topics included: unmet treaty obligations, tribal sovereignty, issues related to the economy, jobs, health care, natural resources, water rights, public safety, climate change, housing, and education.

Tribal sovereignty continues to be a central feature of the talks between the tribal leaders and the Obama administration. "Our tribal leaders are grateful for the President's commitment to make necessary changes to the federal tribal programs that reform program policies and correct poor funding," Cladoosby said. "Now it is time for hard changes, and we will be seeking our president to call for actions that reform policy and laws so they may provide us the authority to govern our nations with true sovereignty."

A. Smock, compiled from various news sources



Navajo Code Talkers posting colors



NW Strong Women: Chair Charles (Lower Elwha), President Sharp (Quinault), Chair Gomez (Hoh), Chair Iyall (Nisqually) Chair Cross (Muckleshoot)



More NW Leaders: Chairman Sheldon (Tulalip), Chairman Sullivan (Port Gamble), Chairman Forsman (Suquamish), Chairman Cladoosby (Swinomish), Chairman Kelly (Nooksack)

Photos provided by Brian Cladoosby

continued from page 3

Chairman's Message continued...



One in five Washington women reports being injured by domestic violence sometime in her lifetime. (*The Health of Washington State Domestic Violence*, 2004)

At least 30% of all female homicide victims in Washington State are killed by a current or former intimate partner. (Source: www.wscadv.org/projects/FR/Media_Guide.pdf)

Between 1997 and 2001, more than half of the people murdered in domestic violence-related homicides were woman killed by their current or former husbands or boyfriends. (Source: www.wscadv.org/projects/FR/Media_Guide.pdf)

Of the nearly 500,000 men and women in State prisons for a violent crime in 1997, 15% were there for a violent crime against a family member. (Source: www.wscadv.org/projects/FR/Media_Guide.pdf) Health Care and Violence

An estimated 10% - 20% of emergency department visits by women with intimate partners are a result of domestic violence. (Source: *The Health of Washington State Domestic Violence*, 2004)

50% of all mental health care dollars are spent on adults who were abused as children. (Source: *Victimization Costs and Consequences: A New Look*. National Institute of Justice 1996)

In an HMO study, abused women cost the plan 92% more than the general female population. (Source: Wisner, C.L., Gilmer, T.P., Saltzman, L.E., and Zink, T.M. Intimate partner violence against women: Do victims cost health plans more? *Journal of Family Practice* 48(6): 439-43)

More than 50% of abused women present with the following symptoms: fatigue, depression, anxiety, chest pain, back pain, abdominal pain, sleep disorder, shortness of breath, nausea/vomiting, headaches, decreased appetite, dizziness. (Source: Sutherland, C. et al., 1998)

More than one third of sexual assault victims and battered women experience symptoms of depression. (Source: *Toolkit to End Violence Against Women*)

46% of domestic violence victims have symptoms of anxiety disorder. (Source: *Toolkit to End Violence Against Women*)

If an injured victim of domestic violence is treated by a physician or nurse who does not inquire about abuse or who accepts an unlikely explanation of the injuries, and the patient then returns to the abusive situation and sustains further injuries, the physician or nurse could consequently be held liable for those injuries. (Source: *AMA Guidelines on Domestic Violence*, 1992)



Shelter: Women's Abuse and Domestic Violence Center

Construction has begun on the new Women's Abuse and Domestic Violence Center in the Tallawalt neighborhood, across from the new Indian Shaker Church.

The center will be a safe place for female victims of domestic, elder and sexual abuse.

The care which clients receive at the center will aid in their healing and provide support.

SWINOMISH INDIAN TRIBAL COMMUNITY NOTICE OF TRIBAL ELECTIONS

PRIMARY ELECTION (if needed)

SATURDAY, FEBRUARY 12, 2011

GENERAL ELECTION SATURDAY, MARCH 19, 2011

TERMS EXPIRING:

Dianne Edwards, Ya-so-litza II, Senate Seat 3

Kevin Paul, Waleehub, Senate Seat 4

Tandy Wilbur, Senate Seat 5

NOTE:

DEADLINE FOR TRIBAL SENATE NOMINATION PETITIONS:

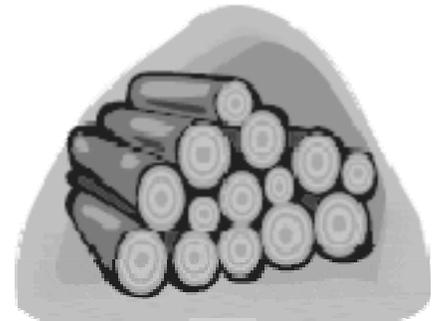
6:00 P.M., MONDAY JANUARY 3, 2011

Nomination forms may be obtained from Wendy Otto, Tribal Election Officer, at the Swinomish Administration Building, beginning on Monday November 22, 2010

Notice of Appeal Rights: Any person excluded from an Eligible Voter List may appeal his or her exclusion to the Senate pursuant to STC 2-01.150(D)(1)(a). Any person who has been certified as a candidate may appeal the wrongful inclusion of another person in the Eligible Voters Lists to the Senate pursuant to STC 2-01.150(D)(1)(b)

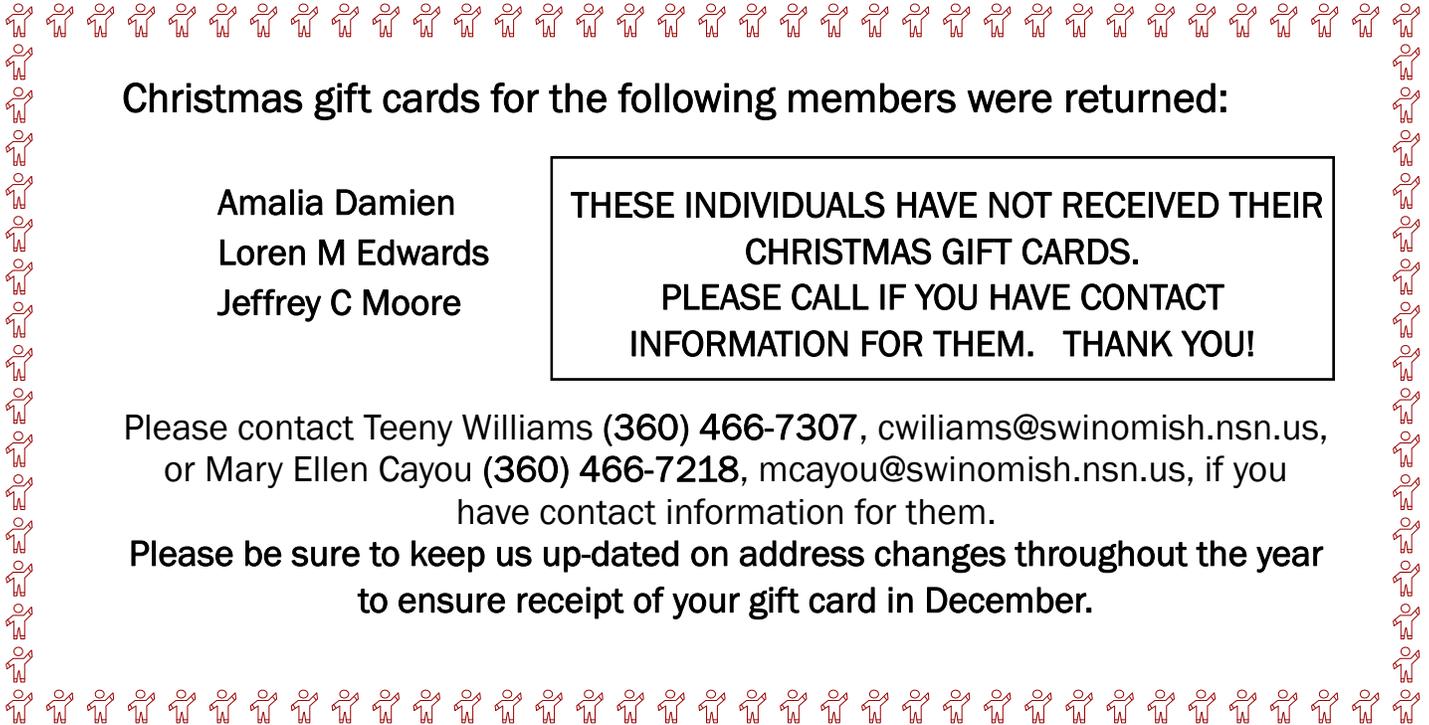
GATHERING FIREWOOD? KEEP THESE RULES IN MIND

1. Cutting wood, either standing or dead and down, **requires permission** of the property owner.
2. Where there are multiple property owners, you would need permission of a majority of the owners. We would recommend getting permission **in writing** in such cases, so its clear to all the owners of that property. In the case of Tribal owned land, the owners are represented by the Senate.
3. Tribal **permits** are only **needed** for cutting of standing trees in certain situations:
 - a. If clearing an **acre or more** of trees (Land Clearing permit)
 - b. If cutting **within 200 feet of shoreline** or within the buffer of a wetland, stream or similar sensitive area (usually 100 foot buffers) – Shorelines and Sensitive Areas permit. If you are unsure about a specific site call Planning Dept.
4. No Tribal permits required for wood that is already dead and down on the ground, but a standing dead tree (snag) is treated the same as a live tree for permitting because they have value to wildlife.
5. In **Right-of-Ways** along roads, you do not need permission of the owner to take wood that is **already dead and down**. If uncertain about the width of a road right-of-way, you may call the Planning Dept.
6. BIA requires a **Timber Cutting Permit** for cutting any trees with a **commercial value of \$5,000 or more** at the mill. Generally, cutting firewood for your own use (not for commercial sale) does not require this permit. We have the forms for this permit at the Planning Dept., but you would have to deal with BIA on details.
7. **Drift wood** – we **do not recommend** using drift wood as firewood for stoves. Wood that has soaked in salt water and is then burned gives off chemicals that it would be better to avoid as far as long-term exposure.



If you have questions on any of this you may contact the Planning Dept., Scott Andrews, Environmental Management Coordinator

COMMUNITY ANNOUNCEMENTS



Christmas gift cards for the following members were returned:

Amalia Damien
Loren M Edwards
Jeffrey C Moore

THESE INDIVIDUALS HAVE NOT RECEIVED THEIR CHRISTMAS GIFT CARDS. PLEASE CALL IF YOU HAVE CONTACT INFORMATION FOR THEM. THANK YOU!

Please contact Teeny Williams (360) 466-7307, cwiliams@swinomish.nsn.us, or Mary Ellen Cayou (360) 466-7218, mcayou@swinomish.nsn.us, if you have contact information for them.

Please be sure to keep us up-dated on address changes throughout the year to ensure receipt of your gift card in December.

PROVIDED BY SWINOMISH TRIBAL SERVICES FOR TRIBAL MEMBERS ONLY.

SWINOMISH COMMUNITY THURSDAY AFTERNOON

SUPPORT AND RESPECT

PARENT GROUP

EVERY THURSDAY 3:00 PM to 4:30 PM in the LIBRARY in the Social Services Building.

CALL CHUCK BRITT FOR INFORMATION 360-336-3882

! \$30.00 grocery voucher !
Get a \$30.00 family grocery voucher AT THE END OF EVERY GROUP YOU ATTEND.

- Have authority that works
- Increase safety
- Feel better about your child
- Feel better about your parenting
- All parents deserve support



HONORED – La Conner High School student Travis Silva was one of the recipients of the annual Champion of Diversity Award.

– Photo courtesy of Skagit Valley College

FIREWORKS Stand Removal

Jan. 3, 2011– Jan. 9, 2011





Diane Vendiola

Photo by Brian Cladoosby,
December 2010

OUR TRIBAL SOVEREIGNTY: THIS IS HOW IT WORKS

It always starts with the children. All of it starts with the children. We work for what we wish our children to have. And we, since we have the power to govern ourselves [*Tribal Sovereignty*], we also choose to work for taking care of our Elders.

Last month, I wrote about how the past 40 years have brought much change to us, here at Swinomish. 40 years ago, it was 1970. Do you remember what life was like here at Swinomish in 1970? Do you remember what you were doing? What you were thinking and planning? Had you even been born in 1970? At the beginning of 1970, I was 32 years old, how old were you?

To tell you the truth, the last 40 years of our experience as Indian people was a drop in the bucket, when you look at our Indian story over the past 500+ years. Our story over the past 500 years is a story of a strong, resilient people.

When I was a little girl, my grandfather (Ganga) would always say the same thing when it was the end of summer and it was time for my brother, George, Jr. and me to go back to Seattle. Each time we left him to go back to our home in Seattle, he would look into our eyes and in a solemn voice, he would say, "Don't ever forget who you are. Don't you ever forget it." And he would pause. We would nod our heads. Then my Ganga would say, "You are Indian. You come from here". (At this point, he would stomp the ground with his foot, or pound the dirt with a stick he sometimes carried.) "Don't you forget it.", he would say loudly. And sometimes I thought he looked like he wanted to cry. Now that I am old, I know that he was saying not to forget that I come from a strong, resilient people who continue to persevere and to grow. The Swinomish Tribe is one of many nations connected to other tribes by history, extended families, cultures and languages.

As a people, our strength and resilience have been tested, and continue to be tested. Many tribes face challenges of high unemployment, high drop out rates, dependency on welfare, government jobs and no economic development to keep us going for the long run.

However, not only is it a New Year, it is a new day for many of us. It is a new day because our Tribal Nations are working to build and maintain the things that are important to us as Indian people. We are choosing leaders who recognize that it is a new day. They are working toward developing sustainable tribal economies and healthy, strong, confident, educated communities and families.

Tribal sovereignty is our right. This place is our place. As my Ganga said, I am from this place. I am not going anywhere. I am here for the "long haul." {"long haul" means a considerable period of time}, for us, Indians, it means "forever."

Tribal sovereignty is having the leader we elected, sitting at the same table as the leader of the whole United States! That's why we chose him to represent us, by the people, for the people.

It's a New Year, and it's a new day for us. We can choose to be responsible for our destiny, as our ancestors did in 1855, when they watched out for us. It's all about the children. And we Swinomish (because we govern ourselves) choose to make it a priority for it to be about our Elders, too. It's called, "elder insurance."

To be continued.

OBITUARY



**Tul Thult
Dennis Isaac Bill**

Dennis Isaac Bill passed away at the age of 57 on December 12, 2010 in Saanichton, British Columbia. He was born on April 17, 1953 in Duncan, B.C.

Dennis loved spending time with his family. He enjoyed carving, Round Drum, Traveling, casinos, Bone Games, Swinomish Dance Group,

Kenny Rogers, Al Green, Freddy Fender, watching movies and wrestling. He was a self employed artist and a member of the Shaker Church.

Dennis is survived by his wife Norma; his two sons, Dennis Jr. (Diana) and Isaac; daughters Erica Bailey, Jill (Palmer) Bill, Vicki (Jordan) Bill, Maggie (Kyle) Bill and Jennifer (Daniel) Bill; mother Mary Bill; brothers, Willard Bill, Toby Bill, John Bill, Warren (Brittany) Bill and Andrew (Dee) Bill; sisters Gloria George, Janice Bill, Julie (Gerald) Bill and Miriam (Ken) Bill.

A prayer service was held on Wednesday, December 15, 2010 at 7:00 PM, followed by a funeral service Thursday, December 16, 2010. Both services took place at the Social Service Building on the Swinomish Reservation. Arrangements are under the care of Kern Funeral Home of Mount Vernon.

Arrangements were under the care of Kern Funeral Home of Mount Vernon.

REMEMBERING MARTIN LUTHER KING, JR.

"Martin Luther King, Jr. (January 15, 1929 – April 4, 1968) was an American clergyman, activist, and prominent leader in the African American civil rights movement. He is best known for being an iconic figure in the advancement of civil rights in the United States and around the world, using nonviolent methods following the teachings of Mahatma Gandhi. King is often presented as a heroic leader in the history of modern American liberalism.

A Baptist minister, King became a civil rights activist early in his career.[4] He led the 1955 Montgomery Bus Boycott and helped found the Southern Christian Leadership Conference in 1957, serving as its first president. King's efforts led to the 1963 March on Washington, where King delivered his "I Have a Dream" speech. There, he expanded American values to include the vision of a color blind society, and established his reputation as one of the greatest orators in American history.

In 1964, King became the youngest person to receive the Nobel Peace Prize for his work to end racial segregation and racial discrimination through civil disobedience and other nonviolent means. By the time of his death in 1968, he had refocused his efforts on ending poverty and stopping the Vietnam War.

King was assassinated on April 4, 1968, in Memphis, Tennessee. He was posthumously awarded the Presidential Medal of Freedom in 1977 and Congressional Gold Medal in 2004; Martin Luther King, Jr. Day was established as a U.S. federal holiday in 1986."

Wikipedia http://en.wikipedia.org/wiki/Martin_Luther_King,_Jr.



Ann Smock
Editor

**HAPPY NEW YEAR
FROM THE EDITORS**

The Kee yoks now begins its 45th year! We are very proud to be upholding the tradition of publishing the Swinomish news. Our first full year (December to December) went very fast! We were able to meet most of our goals (first and foremost: deadlines!), and we have set many new goals to challenge ourselves in 2011. Thank you to our readers and our many contributing departments and community members. Please continue to send interesting articles and news items.



Caroline J. Edwards
Assistant Editor

**HAPPY NEW YEAR FROM
SWINOMISH BEHAVIORAL HEALTH**



Yoli Quevedo
466-7265



Diana Lowry
466-7375



Shirley Swanson



Jay Samson
466-2090

**HAPPY NEW YEAR FROM THE
SWINOMISH MEDICAL CLINIC & FITNESS CENTER**



Swinomish Medical Clinic
Fitness Center & IT Services (lower level)

**HAPPY NEW YEAR FROM THE
SWINOMISH DENTAL CLINIC
AND SENIOR CENTER**



Swinomish Dental Clinic
Senior Center (lower level)

SWINOMISH EDUCATION



Tracy James
Education Director

8TH GRADE CULTURE FAIR

Will be held on FEBRUARY 15th!

This year, the Swinomish After School Program will provide special study nights to help students and families with their Culture Fair exhibit.

The dates for Culture Fair Preparation nights are:

January 11th, 18th, and 25th
February 1st and 8th.
6:00 to 8:00 PM



Take advantage of this great opportunity to get help in preparing your presentation.

La Conner Middle-High School Parent Advisory Meeting January 19th at 6:30 PM

HIV/Human Sexuality with Planned Parenthood

Review Flash Curriculum

Parents of students 6th through 12th are invited

Marlon Edwards, II was accidentally identified as Marlon "Stone" in the Dec. issue. The Kee yoks apologizes to Marlon!!



School is back in session as of January 3rd.

Teacher of the Week!

Lisa Hedlund, one of La Conner Elementary School's kindergarten teachers, was awarded the 101.5 teacher of the week award. STAR 101.5's Afternoon Show Host Curt Kruse and a crew from KOMO 4 surprised Ms. Hedlund on Tuesday with the award. Ms. Hedlund received \$100 for use on classroom supplies and her students received t-shirts.

STAR 101.5's "Teacher of the Week" is a program that allows students to recognize local, deserving teachers for their commitment to the quality education of children.

Photo by Amylynn Richards, courtesy La Conner Weekly News. source: LCSD website



SUSAN EDWARDS-WILBUR EARLY EDUCATION CENTER

MEDIA RELEASE

Superintendent of Public Instruction Child Nutrition Programs

Today the Susan Wilbur Early Education Center announced its sponsorship of the U.S. Department of Agriculture (USDA) Child and Adult Care Food Program administered by the Office of Superintendent of Public Instruction (OSPI). Meals will be made available to enrolled children at no separate charge without regard to race, color, national origin, gender, age or disability. Parental income determines the amount of money OSPI will reimburse institutions to provide meals to enrolled children. The monthly income-eligibility guidelines listed below are used to determine the reimbursement from OSPI.



View of the center from Swinomish Channel

| FAMILY SIZE | FREE | REDUCED-PRICE |
|-------------|---------|---------------|
| 1 | \$1,174 | \$1,670 |
| 2 | 1,579 | 2,247 |
| 3 | 1,984 | 2,823 |
| 4 | 2,389 | 3,400 |
| 5 | 2,794 | 3,976 |
| 6 | 3,200 | 4,553 |
| 7 | 3,605 | 5,130 |
| 8 | 4,010 | 5,706 |



| | | |
|--|------|------|
| For each additional Family member add: | +406 | +577 |
|--|------|------|

Any person who believes that he or she has been discriminated against in any USDA-related activity should write immediately to the Secretary of Agriculture, Washington, DC 20205.

Meals will be provided at the sites listed below:

Susan Wilbur Early Education Center
17275 Reservation Road



Tony Smith
Center Director

HAPPY NEW YEAR FROM THE EARLY EDUCATION CENTER!

- Thank you to Mike Porter for making beautiful drums for the preschool students to use.
- Thank you to Carmen Pastores-Joe and Caroline Edwards for providing Lushootseed lessons during preschool.
- We have open slots for new students. If you have a preschool student that you'd like to enroll, please contact 466-7345.

BEST WISHES
FOR A HEALTHY
AND HAPPY NEW
YEAR FULL OF
LEARNING!
FROM
SWINOMISH
EDUCATION



NWIC Swinomish Site
17113 Tallawhalt Lane, Box C-11
La Conner, WA 98257

NORTHWEST INDIAN COLLEGE SWINOMISH SITE



NEW BUILDING HOURS

9:00 AM to 8:00 PM Monday through Thursday

9:00 Am to 4:30 PM on Friday

If you need extra help with math or English,
there will be a tutor on site to help.

If you need to work on your on-line class,
we have computers available.



Contact:
**Gaylene
Gobert,**
Site Manager
(360) 466-
4380 Ext. 1

Winter Quarter 2011
Classes begin January 10th

***Just a reminder that the online bookstore will accept
vouchers until 01/25/2011***

See: Gaylene Gobert, 466-4380, Ext.1

For class schedule

(there have been class cancellations and additions).

Tribal Casino Management Program

Winter Courses Offered!

HRCM 111 Intro to Casino Management (5 cr.) Tues. & Thurs. 12:00-2:30 PM

HRCM 197 Tribal Casino Mgmt. Practicum (1 cr.) Arranged with Instructor

BUAD 212 Financial Accounting (5 cr.) Tues. & Thurs. 8:30-11:00 AM

BUAD 202 Business Law (5 cr.) Mon. & Wed. 5:00-7:30 PM

*** All courses will be offered via ITV* ***

For course descriptions, please see our online catalog:

<http://www.nwic.edu/content/catalogclass-schedule>



REGISTRATION & ADVISING

To Register please contact:

Patricia Cueva, Academic Advisor at
360.392.4565 or pcueva@nwic.edu.

Or see Gaylene Gobert, Swinomish Site

REGISTER NOW THROUGH JAN. 10

LATE REGISTRATION

JAN 10-14

TUITION, FEES AND FINANCIAL AID

Tuition and fees

Credits Resident Non-resident

1-11: \$95/credit \$285/credit

12-18: \$1140 \$3096

Technology fees

1-11 \$25/credit

12+ \$50

For information on Financial Aid, Scholarships and
Veterans Benefits, please go to:

<http://www.nwic.edu/content/financial-aid-information>

HAPPY NEW YEAR FROM NWIC SWINOMISH SITE!



Officer James Stucker and Chaz the department K-9 get their photo taken with their young shopping buddy and Santa.

SANTA'S HEROS

COMMITTED TO SERVING

Your Swinomish Police Department is committed to providing the highest level of service to the Swinomish Community residents, and to all persons we happen to encounter. This service commitment is part of the mission of our department.

Over the last year, officers have fulfilled this service commitment in many ways, and we will continue to strive to provide the highest level of service and professional law enforcement.

The officers of your police department regularly go out of their way to help others without regard for notice or recognition. We'd like to share with you just a few examples from the past year of this attitude and behavior typical of police officers.

Most recently, officers volunteered to participate in the annual "Shop with a Hero" event, where identified children were invited to Walmart, given a gift card, and allowed to shop for Christmas gifts. Each young shopper was matched with a buddy police officer or fire fighter who accompanied them throughout the store, advising and helping with shopping decisions. At the end of the day, the shopping buddies got their photo taken with Santa. Officer Smailes and Officer Stucker participated in *Shop with a Hero* at Walmart last month.

Earlier in the year, Swinomish participated in the Make-A-Wish Foundation's "Chief for a Day" event. This program allowed children with disabilities or illnesses to assume the role of police chief for a fun-filled day. Their day as chief included wearing a uniform, being escorted by police motorcycles to the training facility, and being treated to up-close police demonstrations. Swinomish Motor Officers Radley and Naumec took active roles in this event.

Events like these are special ways in which our officers volunteer their time. Regular department services, however, are not provided through special programs and events, but through one-on-one contact any time of the day or night. For example, a Swinomish officer encountered a driver stranded by her disabled car. He took the time to make sure the young mother-to-be received help and got where she was going. It did not matter to the officer that he was off-duty at the time; when someone is in need, you help them.

On another occasion, one of our officers heard about a community member who was in need of help for assistance to travel to a family funeral in another state. This officer took it upon himself to donate his personal frequent flyer miles to purchase air fare for the individual.

These are just a few of the acts of service which Swinomish police staff are quietly doing on a regular basis, not for recognition, but out of duty and respect for their fellow human beings.

Every day of the year, your police officers are committed to the following goal:

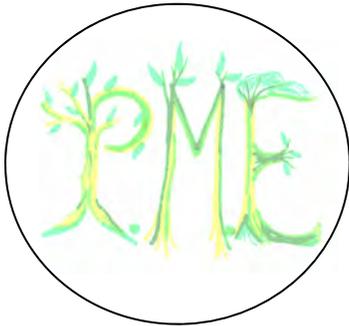
"It is the mission of the Swinomish Police Department to provide the highest level of police service while maintaining a partnership with the Swinomish Community."

Best Wishes for the New Year!

PROTECT MOTHER EARTH TASK FORCE

It's January and we're gearing up for the Swinomish Tribal Canoe Journey 2011. PMETF has been meeting each month since the group has been formed and started planning for a low waste Paddle to Swinomish 2011. All are welcome to join the group, and if you are interested in learning more of what the Protect Mother Earth Task Force is doing, please join us in our next meeting.

**Wednesday January 12, 2010 in the
Social Services Library at 10:00 AM**



Our Purpose:
We will support the waste reduction efforts, initiate recycling, and provide educational opportunities for volunteers and other interested parties during the Tribal Canoe Journey 2011.

PME Group Members: Annitra Frederer, Britta Eschete, Caroline Edwards, Cathi Bassford, Eric Day, Kelley Grimmell-Bruce (Advisor), Medicine Bear, Ray K. Williams, Theresa Trebon, Tiffany Hoyopatubbi, Shelly Vendiola (Facilitator).



The Swinomish Tribal buildings have been recycling for a long time, but there is no residential curbside pick-up, and there are too many recyclables going into the garbage that end up in the landfill.

Recycling At Swinomish

Reprinted from the January 2010 Kee yoks

Where?

The big blue 2-wheeled bins in front of the tribal buildings are for mixed recycling. You can empty bags full of cans and bottles into these, but keep bags out (they mess up the recycling conveyer belts). There are several behind the Planning Department, at the doors of Social Services and the gym, and 2 in front of Northwest Indian College (one of these almost always goes empty, so please fill it up).

Why?

Why waste all that metal, plastic, paper, and glass, when it can be made into something else? Our planet is getting overloaded with garbage. Countries and states are running out of places to dump it, burn it or bury it. The oceans are really filling up with it, too. Plastic is the worst, because it takes hundreds of years to disintegrate. The call to be good stewards of our planet is becoming urgent.

How?

If you want your own bins and curbside pick-up, it costs \$7.40 per month with Waste Management. All you do is call and they set up your account, bring you a bin and add you to the existing route on the reservation. Eventually, you can cut your garbage down to one small can and save money that way.

When?

The truck comes around every other Monday.



“THE PROBLEM WITH PLASTICS”

WSU professor Abdel-Monem will speak at **5:30 PM Tuesday, January 11, at Oak Harbor City Hall, 865 SE Barrington Drive.** Learn all about plastics, including what's good and bad, biodegradable and recyclable, which plastic components are harmful to human health and the environment and which ones to avoid.

(Skagit Valley Herald /December 17th, 2010)

CANOE JOURNEY 2011



Aurelia Washington



Melissa Miller



During the December TCJ-Swinomish Community Dinner, at least 25 youth from Swinomish (as young as Junior pictured) helped make over 50 pieces of "Give Away - thank you" beaded items-ranging from necklaces to key chains. Naturally, many of these young artists wanted to keep what they made.

However, when it was explained to them that these were "thank you" gifts for the visitors that will come visit us next summer (2011 Paddle to Swinomish), they gladly, without another question, donated their masterpiece into the ever growing of pile of items that will be distributed at the close of Journey during the protocol that will take place on the Swinomish Reservation.



Carneen Allen (adult) & "Junior" McCoy

photo by Robin Carneen, all rights reserved

Every month, this activity and possibly others will be offered to the children, or anyone who wants to sit at Carneen Allen & Robin Carneen's Craft table. Supplies are being made available through the 2011 TCJ Paddle to Swinomish Committee. Those who have other ideas for projects and/or would like to volunteer to teach, help out, make a "give away" donation, or donate supplies for crafts, please contact Robin Carneen at (360) 466-7354.

Please let us know soon, so we have time to order supplies. All help is welcome and greatly appreciated. We have a lot of talent in our community! Special thanks to ALL the children and a few adults who did stop by & make an item or two.

"Many hands make for little work!"

*Robin Carneen,
Swinomish Tribal Member*



Swinomish Channel beach preparation: Smile Island and Mt. Baker in the distance

Smock photo

SKIPPERS MEETING
January 29th at NOON

"Just getting the word out: the next Tribal Journeys Skippers Meeting will be hosted at Samish, RV Park Community Center. Hope you can make it."

*Leslie Eastwood, Samish
from Eric Day, Swinomish*

TOP TEN NEWS HIGHLIGHTS OF 2010

List compiled by David Crary, AP National Writer

#1 Gulf of Mexico Oil Disaster: “On April 20, an explosion in the Deepwater Horizon drilling rig caused the largest oil spill in the US history.

According to official estimates, more than four million barrels of crude leaked into the Gulf of Mexico after BP's Macondo oil well blew up, killing 11 workers.” (<http://www.presstv.ir/detail/155672.html>)

#2 Health Care Overhaul: “After bitter political wrangling, President Barack Obama was able to sign into law one of his major campaign promises—a \$1 trillion health care overhaul intended to expand coverage to more Americans...the overhaul faced a welter of lawsuits challenging its constitutionality.”

#3 U.S. Elections: “Republicans surged to a majority in the House of Representatives, and gained more governor's offices and legislative majorities. The Democrats were able to hang on to their edge in the Senate, leaving the U.S. with at least two years of divided government.”

#4 U.S. Economy: “Economists said the deepest recession since the Great Depression was over, and consumers began to spend more as the year neared a close. But the unemployment rate stayed well above 9 percent, and home prices were weighed down by foreclosures and sluggish demand.”

#5 Haiti Earthquake: “Already the Western Hemisphere's most destitute nation, Haiti was shattered by an earthquake on Jan. 12 that killed at least 230,000 and left millions homeless. Crucial reconstruction projects were slow to get started; disease and political instability added to the woes.”

#6 Tea Party Movement: “Though it lacked the trappings of traditional political organizations, the tea party movement had a profound impact on the 2010 election, influencing the stances of Republican leaders and enabling some maverick challengers to oust GOP establishment candidates in the primaries.”



Mina San José, lugar de tragedia minera. 2010

#7 Chile Mine Rescue: “In a year of disasters and squabbles, this was a miraculous feel-good story. Trapped nearly a half-mile underground for 69 days after an Aug. 5 mine collapse, 33 Chilean miners were freed one-by-one while an entranced global audience watched on television.”

#8 Iraq: “U.S. forces formally ended their combat role and looked ahead to planned withdrawal, while Iraqis endured months of bitter political haggling after an election that failed to heal Sunni-Shiite divisions.”

#9 Wikileaks: “First came the online postings of a huge batch of U.S. military documents from Iraq and Afghanistan, Then WikiLeaks started releasing a cache of classified State Department diplomatic cables, creating

embarrassment for Washington in its dealings with other nations.”

#10 Afghanistan: “After months of deliberation, President Obama ordered a troop surge in a major bid to turn the tide of the nearly 10-year-old war. Intense fighting pushed the Taliban out of some longtime strongholds, but the militants remained resilient, and Afghanistan remained beset by corruption and ineffectual government.”

Photo: Mikhail Evstafiev



<http://www.presstv.ir/detail/155672.html>



Photograph: Spencer Platt/Getty Images



HAPPY NEW YEAR FROM THE SWINOMISH CHEVRON!



Group staff picture taken in early 2010.



Chevron Gas Station
North end of Reservation

NOW HIRING

HAPPY NEW YEAR FROM NORTHERN LIGHTS CASINO!



HAPPY NEW YEAR FROM THE SWINOMISH WELLNESS PROGRAM



Happy
New
Year



from
Heather,
Dave,
Dawn and
Jennifer

swədəbš ✨ ARTISTS ✨ swədəbš ✨ ARTISTS ✨ swədəbš

Lucidity

A shimmering of light-blue echoed off the back of my eyes.

Its outline dancing, fringe swaying as if a gentle wind softly shushed.

Sparkling dust motes arched gently to twinkle and disappear.

My eyes opened in awe, inspiration twinkled a mischievous impish attitude.

Sparkly motes floated gently in a calming breeze.

Motes of green, pinkish and hues of purple appeared, disappeared in my diminishing mindless state.

Flashing erupting blindingly brilliant Fading leaving that streak of redness trailing.

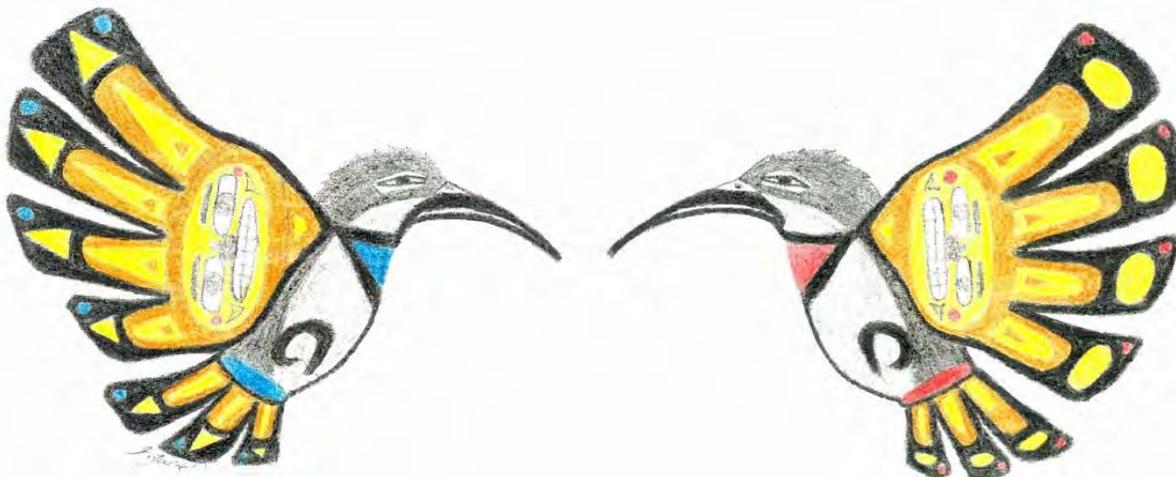
The magnitude of awesome feeling overwhelmed me to fade to nothing.

I am alive...

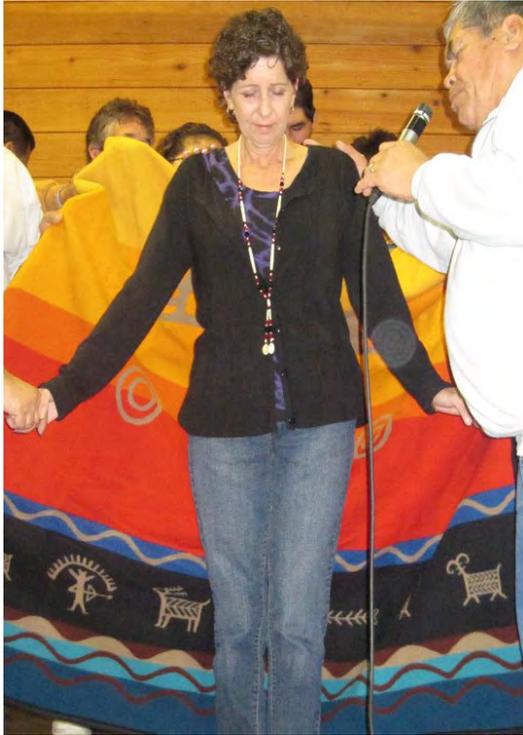
By Paul Hillaire Villaluz- 61 years old
"I'm hoping to inspire you younger generation."

LUNAR ECLIPSE
DECEMBER 20, 2010

PHOTOS BY LAURA DAY



Humming Birds, by Jonathan Jack



LISA TURPIN

Swinomish honored Fisheries employee **Lisa Turpin** with a Pendleton blanket at a luncheon held in her honor on Saturday, December 19th in the gym. Lisa has been a great help to our fishermen during her ten years of work. Thank you Lisa!



Lisa's husband Rick and Lisa holding little Kimmi Williams

photos by Katie Bassford

“NEW STARTS”: A NATIVE PLANTS GARDEN

A new interpretive display is slated for the village waterfront next summer, located near the šwadabs Welcoming Pavilion. A key part of that will be a native plants garden featuring many plants once essential to the daily lives of the ancestors of today's Swinomish community. On December 16, 2010, tribal youth and their fellow classmates from La Conner Middle School's 7th Grade Science Class helped start that effort in a big way.

Under the direction of SRSC restoration ecologist Brenda Clifton, and assisted by science teacher James Fegel, paraprofessional Jill Rohrs, and tribal archivist Theresa Trebon, students went on a seed-gathering “field” trip to the north part of the reservation. On a cold but beautiful afternoon, with snowy mountains in the distance, they walked along newly restored salmon habitat near the Swinomish Channel, harvesting nootka rose (wild rose), , **č(ə)kapaʔac** historically an important part of the Swinomish diet, and snowberry, **sik'wuhdac**, a plant used medicinally by the ancestors to combat the effects of tuberculosis.



Snowberry: **sik'wuhdac**



Rose hips: **čəkapaʔ**



Olivia Cayou, Danika McCoy

“New Starts”: A Native Plants Garden continued. . .

After harvesting plants, the group was happy to climb back in a warm bus.

Next stop? The Northwest Indian College where Gaylene Gobert welcomed them in the science lab and told students about the native plants garden being developed at the college campus.

Then, it was time to go to work. Brenda showed students how to extract the seed from plants by chopping them up in a food processor and rinsing them repeatedly; soon the kids were depositing impressive piles of seed onto paper towels to dry. They carefully processed all their plants and then sat down for a well-earned pizza party!



Mariah Clark, Olivia Cayou, Dankia McCoy, Jill Rohrs



back row: Maggie Powell, Charlotte Bushey, Jill Rohrs, Josh Summers [unseen], Layla Wilbur-Westendorf, Cali Fitts, Olivia Cayou, Danika McCoy, Theresa Trebon, Mariah Clark
Front: Sydney James, Asiah Gonzales, James Fegel.



Mariah Clark, Gaylene Gobert

Next step? The seeds will dry for a few weeks and then go into storage [with charcoal to absorb moisture] until March. Then the seeds go back to Mr. Fegel’s science class where students will plant them, and nurture the young plants for several months, observing the germination process from start to finish. They will then complete the process by moving the young plants back to Swinomish and installing them in the new interpretive exhibit space.



Olivia Cayou shows native plant seeds being rinsed



Rinsing seeds: Olivia Cayou, Mariah Clark, Sydney James



Sydney James, Brenda Clifton processing



Sydney James displays the drying seeds.



The finished product!
Olivia Cayou, Brenda Clifton, Danika McCoy, Mariah Clark

Seeds were once one of the most important and valuable gifts one could receive. Seeds could mean the difference between life and death.



seed: p̄edalik^wac

Special thanks to the diligent folks who made this happen! James Fegel, Jill Rohrs, Brenda Clifton, as well as support from the La Conner School District, Tracy James, Barb James, Dorraine Booth, and Heather Bryson. This project was funded with grant support from the Institute of Museum & Library Sciences, as well as the *Sharing Our Stories* grant from the Swinomish Prevention Department.

SWINOMISH HOUSING & UTILITY AUTHORITY



JAN 2011 Reminder: 10TH OF EACH MONTH - RENT & UTILITIES DUE!!!! DON'T LET THOSE BALANCES CREEP UP! HAPPY NEW YEAR from all of us at SHA/SUA!

To reach SHA/SUA contact:
(360) 466-4081
Robin Carneen
Life Skills Office: (360) 466-7354



Looking Ahead: Swinomish Tribal Members Meet to Design New Tallawhalt Housing Project

Article By Philippa Nye
Managing Developer-Common Ground, Seattle, WA

Photos by Robin Carneen

The new housing, to be built starting next summer at the Tallawhalt site, is taking shape, thanks to the input of dozens of tribal members. Since July, the Swinomish Housing Authority has been asking for input from people in the community about what the most important needs are for this particular housing project and what it should look like.

As the latest step in this process, three community workshops have been held this fall. These workshops were hands-on design exercises, where people were asked to lay out how the 20 new homes should be arranged on the site, and how each home should be organized. Carol Washington attended two of the meetings and said, "I enjoyed it. It was good to see what's being offered to the Tribe. They gave us a choice on how we want our place. It wasn't so much of their thinking, they let the people involved go ahead and make them (the models of the homes)."

Among the goals that came from the process was that the homes would be two and three bedroom units, to serve the many single, elderly and smaller households who are currently on the SHA waiting list. All the homes will be designed with mobility limitations in mind for the elderly and people with disabilities. The homes will include a cluster of units designed for elderly residents, which will share common outdoor space for socializing.. The homes will feature "great rooms" combining living, dining and kitchen areas, so as to make space for gatherings of family and friends. Another big priority for many households was storage space.



SHA received assistance with this process from Common Ground, an affordable housing consulting firm, and Glenn and Glenn Architecture. Now that the community input process is complete, SHA will begin more detailed design and will choose a contractor for the project next spring. Construction is expected to start in next summer, after Canoe Journeys. The homes will be ready to be occupied in the spring of 2012.



Special Projects by SHA

Striking A Balance!

It can be hard to keep up on the rent, other bills and getting through a wet and cold winter. Need some advice? You can make an appointment with SHA's Life Skills counselor Robin Carneen. She has tips and even "month by month" budgeting sheets that your whole family can easily use— even your kids or grandkids can start learning about fixed, flexible, and luxury expenses, as well as learning about what credit is. Need help open a checking and/or savings account? Find out more by calling (360) 466-7354.



SHA MAINTENANCE ROGER CAYOU & JEREMY ADAMS BUILDING A HANDICAP RAMP ON AVE.A

FOOD FOR THOUGHT

Our Big Brother, the Animal

Written By: Caroline Edwards

When you look at animals, do you ever consider them to be your family? Through my readings and writings for school I have learned how to appreciate the relationship we share with animals.

If we were to go without sharing, we would be disrespecting those who taught us survival in the forest.

Most creation stories for indigenous people are based on the teachings learned from animals for survival. I've learned that before the cougar knew how to hunt the deer, he was taught how to be quiet in the forest by the deer himself. The deer knew that too many female doe would roam the Earth to the point of over-population.

It's stories like this one that make you think about who was here first, the human or the animal?

Where do you think animals go when they pass on?

Is there an appropriate way to hunt an animal? One thing I've read is that when you hunt animals with adoration, their spirits are taken to their home within the trees, ocean, pond, or hills, and they transform into a human waiting to be brought back into this existence as another animal.

On the other hand, when hunting without any adoration, the spirit can never

return and is left roaming the Earth.

Traditional Ecological Knowledge, or TEK, is described as:

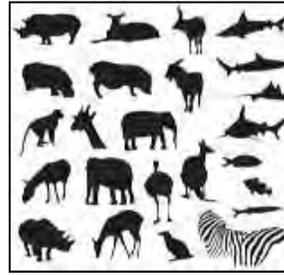
“the knowledge, innovations and practices of indigenous and local communities around the world.

Developed from experience gained over the centuries and adapted to the local culture and environment, traditional knowledge is transmitted orally from generation to generation.

It tends to be collectively owned and takes the form of stories, songs, folklore, proverbs, cultural values, beliefs, rituals, community laws, local language, and agricultural practices, including the development of plant species and animal breeds.”

We have at one time communicated with animals; this is told by those who remember knowing how to communicate with animals. People began to forget the language, and this is now a forgotten language.

I mention these types of things to remind the people of this Earth that our roles as humans plays a part with other living beings. Our surroundings are always changing to ensure the balance of nature. Change is something that is hard, but necessary, in order to share this Earth together. How else could we learn to adapt?



These concepts are nothing new to Native people; they were the first environmentalists.

This sacred knowledge, however, has never been taken seriously by Western Science.

As stated in the essay *The Context of Traditional Ecological Knowledge*, “It is cumulative and open to change.” (Nakashima and Roue, 2002).

“New ideas and techniques may be incorporated into a given tradition, but only if they fit into the complex fabric of existing traditional practices and understandings. Thus, traditions are enduring adaptations to specific places. Traditions are the products of generations of intelligent reflection tested in the rigorous laboratory of survival. That they have endured is proof to their power.” (E. Hunn 1993,, pp. 13-16).

This last sentence really caught my eye, because Hunn is basically stating that no matter where or how that knowledge was obtained, just the fact that humans have held

the knowledge for many generations is as powerful as any scientific proof.

Stories are passed on to keep the spirit of the belief alive. **“There are no truths, just stories.”** states Simon Ortiz, another author on the subject.

This one statement contradicts the Western Scientific view of the world based on truths for many generations.

This statement made me think of how the educational system that taught me has been based on “facts” of history, but are truly stories told and then written down to be remembered. It's not until recently, that the act of orally passing on a tradition has been thought of as a means of teaching and directing a generation to understand how to educate themselves appropriately.

We must begin by learning to be grateful: for ourselves, for the people we care for, and for the animals with whom we share the Earth.

By doing so, we are learning to be part of the cycle of life now and for generations to come.



BULLETIN BOARD



Northwest Justice Project

**FREE LEGAL ADVICE CLINIC
FOR LOW INCOME SWINOMISH COMMUNITY
MEMBERS**

**problem (not criminal)
poverty guidelines?**

**Do you need advice or assistance with a civil legal
AND is your income lower than 200% of federal**

For a household of 2 that would be less than \$2428 per month
For a household of 4 that would be less than \$3675 per month.

If so, take advantage of the free legal clinic starting on:

**Thursday, January 20, 2011
10:00 AM to 3:00 PM**

**Swinomish Social Services Building,
Room 206A**

(No appointment necessary)

An attorney from the Northwest Justice Project will be coming to Swinomish the **third Thursday of each month** to provide free legal consultations to eligible tribal members on civil legal matters (not criminal).

Civil legal aid issues may include (among other things):

- ✓ **Family Law – custody, dissolutions, child support**
- ✓ **Housing – evictions, foreclosures**
- ✓ **Consumer – payday loans, collections, repossessions**
- ✓ **Education – suspensions, expulsions**
- ✓ **Employment – terminations**
- ✓ **Health Care and Welfare Benefits**

**PLEASE MAKE SURE TO
BRING ALL THE PAPER-
WORK RELATED TO
YOUR LEGAL
PROBLEM.**



**THE ALLIANCE
for Equal Justice**
MEMBER

If you have any questions or would like more information please call
Jean Seeley at 1-888-201-1012, ext. 631.



Thank you Letter

Thank you Swinomish Indian Tribal Community.
Skagit county Community Action Agency and I would like to thank the Swinomish Indian Tribal community for its generous contribution of \$7,500. This support is much needed for the Long Term Care Ombuds program, which helps ensure quality of treatment for seniors and others who are in assisted living centers.
Bill Herkel, SCCAA, Mt. Vernon.

*Skagit Valley Herald
December 19, 2010*



“Being Frank”

Invest In Our Future

By Billy Frank, Jr.

Chairman

Northwest Indian Fisheries Commission

OLYMPIA, WA (01/01/11) □ These tough economic times are supposed to be getting better, but it’s clear we will be feeling the effects of the recession for a long time. That makes us tribes wonder about the future of natural resources and their management in this state.

The Washington legislature met in special session recently to begin fixing the \$6 billion hole in the state’s budget. We’re afraid that when the smoke clears, natural resources will be the big loser.

This isn’t the first time the state and tribal co-managers have faced an economic crisis. Working together, we have always been able to weather the effects of state and federal funding shortfalls.

This time, though, things are different. We have never before seen the kind of deep cuts needed to balance the state’s budget. We’re greatly concerned that these cuts will lead to the state not being able to meet co-management requirements that they share with the tribes under the Boldt Decision. We don’t have the resources to take on the state’s share of natural resources management costs if that happens.

To balance the budget drastic changes are being proposed for many state natural resources management programs, among them the Hydraulic Project Approval program operated by the state Department of Fish and Wildlife.

SWINOMISH SOCIAL SERVICES

North Intertribal Vocational Rehabilitation Program

Bellingham NIVRP Site:

3201 Northwest Ave. # 8 Bellingham, WA 98226

TELEPHONE: 360.671.7626
 FAX: 360.733.3061 (Confidential)

**Swinomish Site
 (Mon-Tue 10-3)**

Social Services Building
 17337 Reservation Road
 La Conner, WA 98257
 Tele: 360.466.1343
 FAX: 360.466.1632



Tammy Cooper Woodrich



EVERY THURSDAY
3:00 PM to 4:30 PM
IN THE LIBRARY
(SOCIAL SERVICES BUILDING)

PARENT SUPPORT GROUP

CALL 336-3882 FOR INFO

30.00 grocery voucher

Get a \$30.00 family grocery voucher
EVERY TIME you attend a group!

PROJECT RAIN GARDEN: THE IDEAL SOLUTION TO STORM WATER POLLUTION

An ambitious group of students at La Conner High School have taken on a project which will help the school grounds become more green. Not just greener by planting a garden, but greener ecologically by building a relatively new type of garden which is not only beautiful, but also functional. Rain gardens make a lot of sense here in the Pacific Northwest, especially in areas that are prone to flooding.

(right) La Conner High School students Taylor Edwards, Tiyana McCraigie, and Sam _ introduce their rain garden project to Mrs. Zimmerman's fourth grade class in December as Tall Cedars instructor Randall Cook observes.



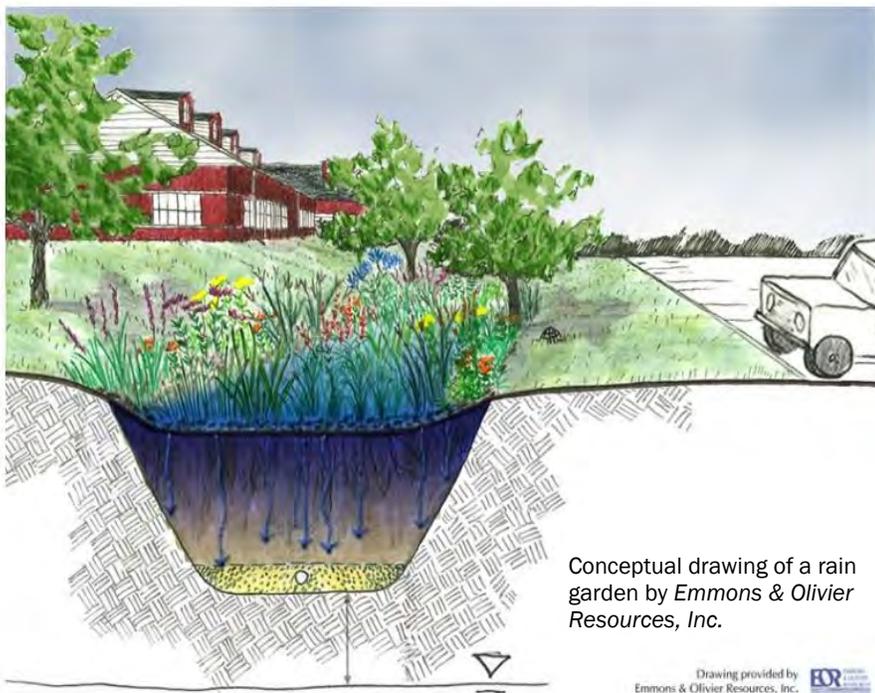
What is a Rain Garden?

"A rain garden is a specially designed garden, with a man-made depression, that collects and infiltrates runoff from impervious surfaces such as a roof, driveway, or parking lot.

Rain gardens are usually planted with native flowering plants, and grasses. Each rain garden design is unique and dependent on the site condition and the owner's personal tastes.

The runoff diverted to the rain garden soaks into the ground and is used by the plants rather than being a potential cause of erosion and the carrying of pollutants (sediment, lawn fertilizers, and pet droppings) to the nearest creek, stream, or river.

Generally a rain garden is 6-8 inches deep with a level bottom allowing for rain water to collect evenly and have time to evaporate or infiltrate into the ground.



Conceptual drawing of a rain garden by *Emmons & Olivier Resources, Inc.*

Drawing provided by
Emmons & Olivier Resources, Inc. 

Why Install a Rain Garden?

Rain Gardens establish a desired sense of place by displaying native plants and encouraging environmental stewardship, involvement, promotion, and community pride.

They are also a great way for individuals in the community to provide a natural habitat for wildlife and native plant varieties while improving the on-site water quality and decreasing storm water runoff and erosion for a property. A rain garden can increase the real estate value of a property by including an aesthetically pleasing landscape that is both beautiful and functional."

<http://www.cityofdubuque.org/index>



Project rain garden will be completed this spring.

(left) Senior Tiyanne McCraigie (aka Felicia), lead planner for the project, explains the concept of a rain garden to her group of fourth graders in Mrs. Zimmerman’s class.

(below) Sophomore Taylor Edwards uses her laptop computer to present ideas for building a rain garden on the school grounds.

PROJECT RAIN GARDEN

The group and their instructors will meet with garden architects and other experts during the winter months to decided where the garden or gardens will be placed and which native plants will work best for our area.



“Rain gardens are landscaped depressions that receive storm water runoff and allow the runoff to slowly infiltrate to the ground water table. As well as intercepting storm water runoff that could have added to potential flooding problems, the rain garden allows nature to play a role, removing some of the pollutants that have otherwise affected downstream water quality. During infiltration, plants use excess nutrients for growth, sediment is trapped in the garden and biological and physical processes remove pathogens. Dissolved metals and nutrients bind or absorb to soil particles and are removed temporarily out of the system. Rain gardens also create important habitat for bees, butterflies and birds.”

http://www.clemson.edu/public/carolinaclear/what_you_can_do/raingardens.html



Illustration courtesy Iowa Natural Resources Conservation Service

Conceptual drawing of a typical rain garden courtesy of the Iowa Natural Resources Conservation Service

Mrs. Zimmerman and a group of students in her fourth grade class listen as Sam, a junior, explains the benefits of having a rain garden and shows them diagrams and ideas for the garden on his laptop.





Be a good steward of our waters. Boat Clean and Green.

Boat owners play an important role in protecting water quality either by enjoying the water recreationally, making a living, or by repairing and maintaining their investment. Let's learn some basics when it comes to protecting the waters we depend on, especially during the winter months.



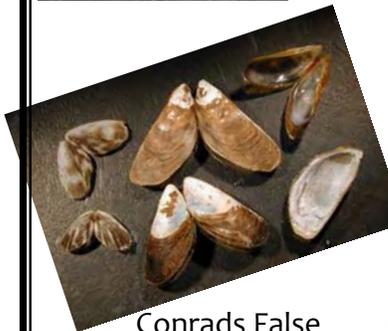
Check oil and fuel leaks – and fix them before putting the boat away for the winter. As little as **one quart of oil, diesel, or gasoline** can contaminate acres of water and shellfish beds, and can prove deadly to all forms of aquatic life. Fill the fuel tank with non-oxygenated fuel and add the proper amount of fuel stabilizer to the gasoline or diesel fuel. Know how much your fuel tank holds. Fill only to 90% capacity to leave room for expansion.

Carefully replace the engine's old gear oil with fresh oil. **Recycle** the used oil and old boat batteries, right here on the reservation by the boat docks. If the boat's engine uses coolant, drain the existing fluid, **recycle it** and replace it with non-toxic, propylene glycol-based antifreeze. Be careful not to spill any in the water or on the ground in the process.

If your boat is permanently moored, visit it regularly in the winter to check the bilge and the mooring lines. Keep your boat rainwater-proof. If the boat is left in the water, cover it so rainwater or melting snow or ice doesn't flood into the bilge area and sink the boat. Inspect all cockpit drain plugs and make sure the holes are



Aquatic invasive animals and plants pose a serious threat to the biological diversity of our waters, threatening our economy, natural resources, and even human health. Often these species attach to watercraft and are then transported to areas that have yet to be contaminated. This is why it is so important to clean all watercraft and fishing equipment each time you are out on the water. When cleaning your boat, be sure to remove all aquatic build-up and dispose of it in the trash. Do not throw back in the water! Some of the main invasive aquatic species in our local waters are pictured below. Get to know them and help stop their spread by cleaning your boat!



Conrads False Mussel

Japanese Kelp



Dead Man's Fingers

Sargassum Algae



Report all oil spills! 1-800-OILS-911



Swinomish Water Resources Program JAN 2011

TIDE TABLE JAN '11 - Lone Tree, Snee-Oosh, N.Skagit Bay (ft MLLW)

| Date | High Time/Height | Low Time/Height | High Time/Height | Low Time/Height | High Time/Height | Moon | Sunrise | Sunset |
|--------|------------------|-----------------|------------------|-----------------|------------------|---------------|---------|--------|
| Fri 01 | 06:36 12.34 ft | 11:58 6.91 ft | 16:37 11.27 ft | 23:52 -3.05 ft | | | 8:01 | 16:26 |
| Sat 02 | 07:12 12.59 ft | 12:48 6.23 ft | 17:34 10.97 ft | | | | 8:01 | 16:27 |
| Sun 03 | | 00:38 -2.53 ft | 07:49 12.74 ft | 13:40 5.40 ft | 18:34 10.43 ft | | 8:01 | 16:28 |
| Mon 04 | | 01:24 -1.55 ft | 08:26 12.82 ft | 14:35 4.47 ft | 19:38 9.71 ft | | 8:01 | 16:29 |
| Tue 05 | | 02:11 -0.15 ft | 09:03 12.78 ft | 15:32 3.49 ft | 20:50 8.94 ft | | 8:01 | 16:30 |
| Wed 06 | | 02:59 1.56 ft | 09:42 12.61 ft | 16:32 2.52 ft | 22:14 8.35 ft | | 8:00 | 16:31 |
| Thu 07 | | 03:51 3.40 ft | 10:23 12.29 ft | 17:34 1.61 ft | 23:56 8.24 ft | Last Quarter | 8:00 | 16:32 |
| Fri 08 | | 04:52 5.17 ft | 11:06 11.84 ft | 18:34 0.81 ft | | | 8:00 | 16:33 |
| Sat 09 | 01:53 8.84 ft | 06:13 6.57 ft | 11:54 11.33 ft | 19:31 0.14 ft | | | 7:59 | 16:35 |
| Sun 10 | 03:23 9.85 ft | 07:53 7.32 ft | 12:45 10.84 ft | 20:22 -0.36 ft | | | 7:59 | 16:36 |
| Mon 11 | 04:23 10.75 ft | 09:19 7.44 ft | 13:38 10.45 ft | 21:08 -0.69 ft | | | 7:58 | 16:37 |
| Tue 12 | 05:09 11.33 ft | 10:21 7.27 ft | 14:29 10.19 ft | 21:50 -0.88 ft | | | 7:58 | 16:39 |
| Wed 13 | 05:45 11.61 ft | 11:08 7.02 ft | 15:16 10.01 ft | 22:28 -0.94 ft | | | 7:57 | 16:40 |
| Thu 14 | 06:15 11.67 ft | 11:45 6.73 ft | 16:00 9.89 ft | 23:04 -0.89 ft | | New Moon | 7:57 | 16:41 |
| Fri 15 | 06:38 11.65 ft | 12:17 6.40 ft | 16:41 9.76 ft | 23:38 -0.72 ft | | | 7:56 | 16:43 |
| Sat 16 | 06:58 11.65 ft | 12:46 5.99 ft | 17:22 9.59 ft | | | | 7:55 | 16:44 |
| Sun 17 | | 00:12 -0.39 ft | 07:18 11.70 ft | 13:17 5.49 ft | 18:05 9.35 ft | | 7:55 | 16:45 |
| Mon 18 | | 00:46 0.13 ft | 07:41 11.78 ft | 13:50 4.90 ft | 18:50 9.05 ft | | 7:54 | 16:47 |
| Tue 19 | | 01:19 0.89 ft | 08:06 11.83 ft | 14:26 4.24 ft | 19:39 8.70 ft | | 7:53 | 16:48 |
| Wed 20 | | 01:53 1.88 ft | 08:33 11.79 ft | 15:06 3.55 ft | 20:34 8.34 ft | | 7:52 | 16:50 |
| Thu 21 | | 02:28 3.07 ft | 09:02 11.64 ft | 15:49 2.84 ft | 21:38 8.06 ft | | 7:51 | 16:52 |
| Fri 22 | | 03:05 4.38 ft | 09:33 11.40 ft | 16:38 2.13 ft | 22:57 7.97 ft | | 7:50 | 16:53 |
| Sat 23 | | 03:48 5.71 ft | 10:08 11.12 ft | 17:31 1.40 ft | | First Quarter | 7:49 | 16:55 |
| Sun 24 | 00:40 8.27 ft | 04:49 6.93 ft | 10:48 10.86 ft | 18:28 0.61 ft | | | 7:48 | 16:56 |
| Mon 25 | 02:41 9.07 ft | 06:21 7.80 ft | 11:39 10.70 ft | 19:26 -0.25 ft | | | 7:47 | 16:58 |
| Tue 26 | 03:48 10.01 ft | 08:00 8.07 ft | 12:39 10.69 ft | 20:21 -1.11 ft | | | 7:46 | 16:59 |
| Wed 27 | 04:29 10.79 ft | 09:13 7.84 ft | 13:42 10.85 ft | 21:14 -1.85 ft | | | 7:45 | 17:01 |
| Thu 28 | 05:02 11.39 ft | 10:06 7.29 ft | 14:43 11.09 ft | 22:03 -2.35 ft | | | 7:43 | 17:02 |
| Fri 29 | 05:33 11.86 ft | 10:54 6.52 ft | 15:42 11.27 ft | 22:50 -2.48 ft | | Full Moon | 7:42 | 17:04 |
| Sat 30 | 06:03 12.23 ft | 11:40 5.58 ft | 16:39 11.28 ft | 23:36 -2.15 ft | | | 7:41 | 17:06 |
| Sun 31 | 06:35 12.52 ft | 12:26 4.53 ft | 17:38 11.08 ft | | | | 7:40 | 17:07 |

CLAM PSP



Turner's Bay:
Manilla Clams
sampled by Skagit
County Health
Department and
analyzed By WA
Dept of Health for
Paralytic Shellfish
Poisoning (PSP) on
9/07/2010 were
found to be



Winter Crossword

- ICE
- HOCKEY
- HAT
- ICEBERG
- COAT
- ICICLES
- FROST
- SNOWMAN
- SHOVEL
- SNOWBALL

Find the spot where each word fits. Use each word only once.



DID YOU HEAR THE ONE ABOUT...

It's late fall and the Indians on a remote reservation asked their new chief if the coming winter was going to be cold or mild.

Since he was a chief in a modern society, he had never been taught the old secrets. When he looked at the sky, he couldn't tell what the winter was going to be like.

Nevertheless, to be on the safe side, he told his tribe that the winter was indeed going to be cold and that the members of the village should collect firewood to be prepared.

But, being a practical leader, after several days, he got an idea. He picked up the phone, called the National Weather Service and asked, "Is the coming winter going to be cold?"

"It looks like this winter is going to be quite cold," the meteorologist at the weather service responded.

So the chief went back to his people and told them to collect even more firewood in order to be prepared.

A week later, he called the National Weather Service again. "Do your meteorologists still predict that it is going to be a very cold winter?"

"Yes," the man at National Weather Service again replied, "it's going to be a very cold winter."

The chief again went back to his people and advised them to collect every scrap of firewood they could find.

Two weeks later, the chief called the National Weather Service once again. "Are you absolutely sure that the winter is going to be very cold?"

"Absolutely," the man replied. "It's looking more and more like it is going to be one of the coldest winters we've ever seen."

"How can you be so sure?" the chief asked.

The weatherman replied, "The Indians are collecting firewood like crazy!"

(submitted)

TRIVIA TIME

All 50 states are listed across the top of the Lincoln Memorial on the back of the \$5 bill.



An armadillo can walk under water.

To make one pound of butter, 29 cups of milk are needed.

The dot that appears over the letter "i" is called a tittle.

One of the most dangerous insects in the world is the common housefly. They carry and transmit more diseases than any other animal in the world.

The Great White Shark can grow to be more than twenty feet long and can weigh approximately 4,000 pounds.

Jewelers Tiffany & Co., based in New York, are responsible for making the Super Bowl trophy.

Thomas Edison designed a helicopter that would work with gunpowder. It ended up blowing up and also blew up his factory.

There is an area located off the south-eastern Atlantic coast of the United States called the "Bermuda Triangle." It is known for a high rate of unexplained losses of ships, small boats, and aircraft, which has led some people to believe that this triangle has supernatural powers.

State with the highest percentage of people who walk to work: Alaska.

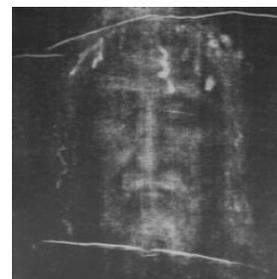
Some toothpastes and deodorants contain the same chemicals found in antifreeze.

The Shroud of Turin is the single most studied artifact in human history.

Smartest dogs: 1) Scottish border collie; 2) Poodle; 3) Golden retriever.

The stage on which the television sitcom "Friends" is shot is said to be haunted.

Whooping cranes are born with blue eyes that change to bright gold by the time they six months old.



Shroud of Turin



Happy Birthday!

TO ALL THOSE WITH JANUARY BIRTHDAYS!

| | |
|------------------------------|-------|
| Julia Ann Meza | 1/1 |
| Jeffery Michael Edwards | 1/2 |
| Dekota Lila Skye Marie Wells | 1/2 |
| Melissa Emily Reid | 1/2 |
| Casimir Marvin Wilbur, Sr. | 1/2 |
| Tashina Luta Winyan Eastman | 1/3 |
| Kenneth Wayne Edwards | 1/3 |
| Casey Willup | 1/3 |
| Kailana Deandra Takoda Bill | 1/4 |
| Cora Lynn Clark | 1/4 |
| Anna Celestine Cook | 1/5 |
| Aurelia Bailey | 1/5 |
| Kelly Maelenaalice Topaum | 1/5 |
| Sarah Lynn Chagnon | 1/6 |
| Arthur Roderick Billy, Jr. | 1/6 |
| Shawn Sampson | 1/6 |
| Collin Jacob LaPointe | 1/7 |
| Jennifer Lynn Wilbur | 1/7 |
| Alethia Ida Edwards | 1/7 |
| Susan Ann Bobb | 1/8 |
| David Vincent Grossglass | 1/8 |
| Desiri Luanne Vink | 1/8 |
| Grover Delbert Topaum III | 1/8 |
| Nicholas Paul Loomis | 1/9 |
| Hector Barron | 1/9 |
| Alexander Lee Cayou | 1/9 |
| Alfred S. Sam Bailey | 1/9 |
| James Raymond Wilbur | 1/9 |
| Vernon Keith Cayou | 1/9 |
| James Lee Bobb | 1/10 |
| Charles Raymond McCoy | 1/10 |
| William Gerald Bobb | 1/10 |
| Salena Nicole Bailey | 1/10 |
| Ronald Owen Williams | 1/ 11 |
| Margaret Elaine Jamison | 1/11 |
| Michael Willup | 1/11 |
| Steve Allen Martin | 1/11 |
| Betsey Denise Campbell | 1/12 |
| Bonnie Rose Fornsbys | 1/12 |
| Chad John | 1/12 |
| Cordell Scott Manibusan | 1/13 |



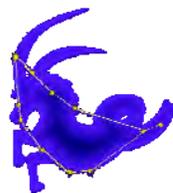
January flower: carnation



Birthstone: Garnet



Aquarius



Capricorn

| | |
|--------------------------------|------|
| Krista Leigh Hamburg | 1/13 |
| Treyton Arthur Muskwa Wilbur | 1/14 |
| Nakiya Edwards | 1/15 |
| Nakesha Edwards | 1/15 |
| Lynn Edith Aleck | 1/15 |
| Marlene B. Morris | 1/16 |
| Ernest Charles Jamison, Jr. | 1/16 |
| Wilbert Daniel James | 1/17 |
| Georginia Annette James | 1/17 |
| Brandon Charles Damien | 1/17 |
| Todd Andrew Mitchell | 1/18 |
| Carissa Lee Estella Washington | 1/19 |
| Terry Joseph Jimmy | 1/19 |
| Vincent Louis Cayou, Sr. | 1/19 |
| Mark W. Wayne Joe, Sr. | 1/19 |
| Sheena Elaine Fornsbys | 1/19 |
| Kellie Rose Cayou-Lockrem | 1/19 |
| Ursula Happy Sampson | 1/19 |
| Kayla Aleck | 1/19 |
| Faye Bates | 1/20 |
| John Kennedy Dan | 1/20 |
| Ashlee Irene Jordan Siddle | 1/20 |
| Matthew Keith Cladoosby | 1/20 |
| Judy Stephenin | 1/21 |
| Julie Ann Siddle | 1/21 |
| Lewis Keith James | 1/21 |
| Anthony Barron | 1/22 |
| Elizabeth Williams-Egbers | 1/22 |
| Ronald Peter Riche | 1/23 |
| Lane David Fernando | 1/24 |
| Michael Fisher, Jr. | 1/24 |
| Bernard Gerald James | 1/25 |
| Julian Gerald Silva | 1/26 |
| Abraham Martin McDonald | 1/27 |
| Sacheen Augusta Siddle McCoy | 1/27 |
| Divinity Elizabeth Kochuten | 1/28 |
| Ronald James Day, Jr. | 1/28 |
| Donald Lamar Clark | 1/29 |
| Cara Rea Shannacappo | 1/30 |
| Thomas Edwards | 1/30 |
| Phillip Joseph Henry McCoy | 1/30 |
| Dylan Leland Patrick Stone | 1/31 |
| Amelia Dawn Marie Nguyen | 1/31 |
| Robert George, Jr. | 1/31 |
| Ayla Christine Cayou | 1/31 |

SWINOMISH ELDERS LUNCH MENU

JANUARY 2011

Not going to be home? Please call center at 466-3980 to cancel your delivery.

| M O N | | T U E | | W E D | | T H U | | F R I | |
|---|---|--|--|-------|--|---------------------------------------|--|-------|--|
| 3 Tuna Sandwich Green Salad Lay Chips | 4 Beef & Vegetable Stew Rolls Peaches | 5 Chicken Teriyaki Rice Cauliflower/Carrots Pineapple | 6 Pancakes Eggs/Bacon Cantaloupe Slices Tomato Juice | 7 | | | | | |
| 10 Submarine Sandwich Coleslaw Lay Chips Apple/Applesauce | 11 Shepherds Pie Roll Green Beans Banana | 12 Fish Rice/Roll Carrots Berries | 13 Lentil Ham Soup Biscuits Spinach Salad Fruit Salad | 14 | | | | | |
| 17 HOLIDAY M.L.K. Day | 18 Egg Salad Sandwich Tomato Soup Crackers Orange | 19 Indian Taco Ground Meat/Beans/Cheese Lettuce/Tomato Banana | 20 Roast Pork/Gravy Boiled Potato/Roll Squash Pears | 21 | | | | | |
| 24 Turkey Cheese Sandwich Bean Soup Crackers Grapes | 25 Cube Steak & Gravy Rice/Roll Cauliflower Peaches | 26 Fish Parsley Potato/Roll Green Beans Fruit Salad | 27 Homemade Chicken Noodle Soup Rolls/Crackers Carrots Fruit Cocktail | | | | | | |
| 31 French Dip Coleslaw Lay Chips Orange | Looking forward to seeing you in 2011! | | | | | Milk served with all meals | | | |



SWINOMISH HEALTH CLINIC

A New Year ✨ A New Journey

Are you ready to start the new year in a different direction?

Less stress, better fitness, improved health?

Here are 5 tips to get you started towards a better life in a new direction.

1. choose your new path—what is important to YOU?
2. Start with one simple step—one thing you can change or add to your day, every day.
3. When that step becomes easy to do, add another simple step.
4. Look out for obstacles! Know what part of your life is keeping you from moving ahead. Plan how to step around it or over it to keep on track.
5. If you trip, brush off and take a step. Some days will be harder than others. Some days you may stand still. Know you can do it, because you have done it before.

STAFF CHRISTMAS PARTY 2010



Emcee of the evening, Wayne Bill, gives Steve Edwards his raffle prize as he chooses the next lucky winner.



Lorraine Loomis is presented with a Pendleton blanket by Barbara James and Katie Bassford. Lorraine has worked for the Tribe for 40 years, beginning August of 1970.



Tanisha Gobert (Planning Dept.) wins a prize!



Ida Edwards and Janie Beasley enjoy the entertainment.

photos by Ann Smock



Leon John, AKA the Grinch, gets a pair of red glasses.



Medical Clinic staff Cassandra, Susan and Jessica looking extremely hypnotized!



Santa, loading up his sack with toys for all the girls and boys.

Before taking off in his sleigh, he delivered employee paychecks to all the buildings with a ho ho ho and a Merry Christmas!

Keeyoks photo (with help from Robert Olsen, Accounting)



Santa and John Petrich in the Housing office.

this photo by Robin Carneen, all rights reserved.

HAPPY NEW YEAR FROM RECREATION & PREVENTION

Thank you Recreation & Prevention
for hosting another wonderful
Christmas Program!
The decorations were awesome and
a good time was had by all!



Santa and Taylor Rae



Santa and Quentin E.



Briana Porter playing clarinet



Santa had an enthusiastic crowd!



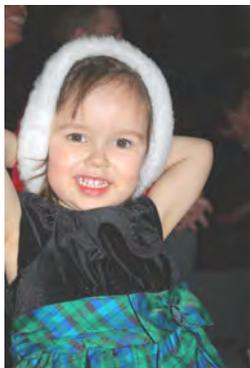
Blessing by Elder John Cayou, Sr.



Santa and Scottie



Senators Kevin Paul, Tandy Wilbur, Leon John and
Brian Cladoosby caroling



Miss Bella



Christmas Angels Lily and Shaniquah



Santa and Michael Paul



See all Katie's
Christmas
Program
photos on her
facebook page

Photos by Katie Bassford
(this one by Brian Cladoosby) ☺

CELEBRATIONS



Shaelene Ann Edwards

Happy Birthday

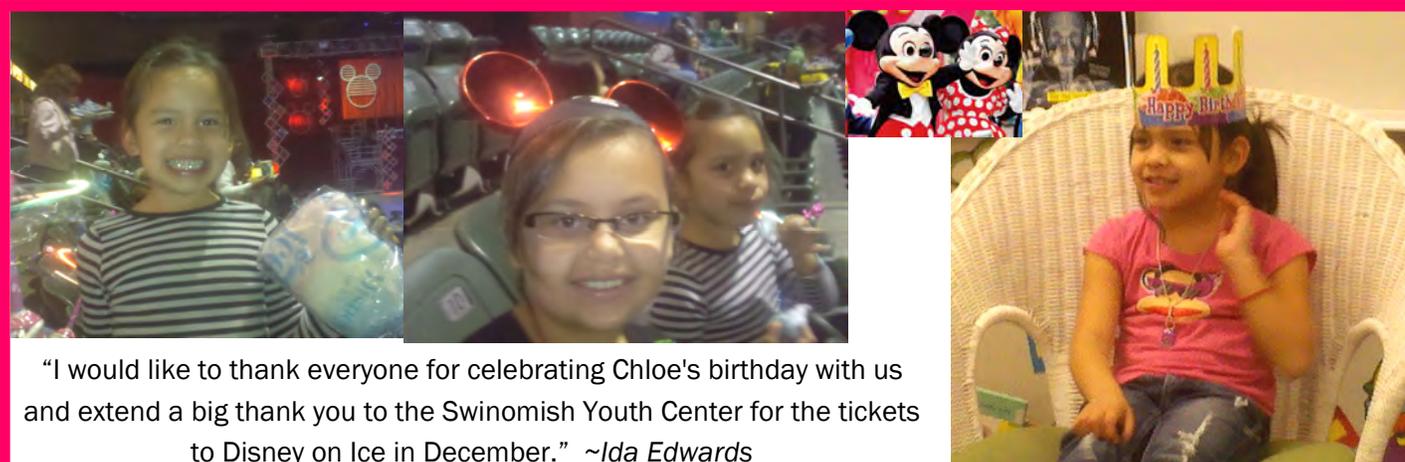
(in December)

Love from your family and friends!



Sarah Chagnon

Lots of Love and Best Wishes From your friends & family!



"I would like to thank everyone for celebrating Chloe's birthday with us and extend a big thank you to the Swinomish Youth Center for the tickets to Disney on Ice in December." ~Ida Edwards

HAPPY BIRTHDAY TALON EGBERS
From Mom and Family here in Washington!



DYLAN LELAND STONE!
from Gramma Teeny and the whole family

HAPPY BIRTHDAY!



WE LOVE YOU!!

January 18th
Hooray Hooray look who's 40 today!



Happy Birthday Son!
Love Mom and Dad

NATIVE BUSINESS

Native Business: Economic Prosperity for a New Year

Let us start with an established fiscal principle, the economic multiplier. This is where money changes hands and one person's spending is another person's income. When buying and selling occur in a closed system the money circulates through the hands of people and businesses. Goods and services are exchanged, business and personal incomes are more likely to be stable, and over time capital is available for investment.

Naturally and eventually money leaves the system through outlets like vacations, the purchase of imports, and utilization of services not supplied inside the closed system. The longer money can stay within the system the greater the multiplier effect.

Economic Development is a widely accepted movement across Indian Country, and the way to bolster a tribal economy is to find ways to keep money in the local system. The total solution is unique to each respective tribe, pueblo, band or first nation, but the universal truth is that success in improving a sovereign economy is the mobilization of individuals to provide goods and services internal to the tribal system. Economic success starts when one person takes action upon a good idea and brings it to life in a way that is profitable.

Sometimes before a board meeting, I will drive through my Village to talk to some of the locals. On one occasion, I ran into Maryann and asked her how she liked the new store layout. The enterprise board had approved a remodel, and it had just been completed for the Taholah Mercantile, a community store. Maryann was sharing what she thought then asked something that surprised me. She said, "Why don't you guys have a section for prepared meals?" Maryann explained that a lot of times families need something quick to fix, yet should not cost too much, but still be healthy since nutrition is important. She thought the store should have pre-prepared meals that you can throw into a crock pot. She went on to explain that in addition to healthy meals, we could run contests in the community for the best recipe which would create "buzz" and get people to try them. I told Maryann that she had a great idea, and I encouraged her to think further on how to make it happen. Maryann had just one of many ideas that could solve a problem, and I know there are many more ideas out there in Indian Country. I imagine, what would happen if 1% of all the ideas held by tribal members could be manifested into reality. I think problems would be solved, dollars could be cycled more frequently and kept longer in a tribal economic system than they are today.

Jim Stanley is a tribal member of the Quinault Nation, Vice President of the Quinault Nation Enterprise Board, and board member of the Northwest Native American Chamber. He freely shares his knowledge with you, his business minded cousin. Jim can be reached at sovereigndevelopment@hotmail.com.



Jim Stanley
Quinault Tribal Nation



Photo credit: Storm Photography

Patricia Paul featured in Antioch Alumni Magazine

Patricia Paul, wife of Kevin Paul, Swinomish carver and senator, appeared in the December issue of *Journeys; the Antioch University Seattle Alumni Magazine*.

"Paul credits her Antioch training in conflict resolution with helping her to develop a career path. She became a tribal judge pro tem for seven years and has since gone on to become an international expert on peaceful resolution of conflicts and tribal judicial systems."

Read the complete article on-line here:

http://www.antiochsea.edu/alumni/documents/Journeys_Dec2010.pdf

Please send celebration wishes and pictures to: keeyoks@gmail.com by the 15th of the month, and they will be printed in the next issue. Anyone can send a congratulations announcement. Size will depend on space available.

You can also bring your submission to the Kee yoks office on the second floor of the Social Services Building.

Your photo will be scanned and returned while you wait.

Forms are available for birth and engagement/wedding announcements.

FREE ADS



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FLORAL & GIFT

*Elise
& Dee*

(360) 293-5412



720 Commercial Avenue
Anacortes WA 98221



K Paul Carvings
Kevin Paul
Master Carver

17544 Pioneer Parkway
P.O. Box 1147
La Conner, Washington 98257 USA
360-540-3906

tribalsenator@yahoo.com
http://kpaulcarvings.com



Patricia Paul

P.O. Box 1546
610 S. 1st Street,
Suite 5
La Conner, WA 98257

patriciapauljd@msn.com

Original Beaded Earrings by Maggie Finkbonner



360-982-4118

\$30.00 to \$50.00 per pair * custom orders accepted

LLKreations



Laura Kasayuli
Ashley Conway
Contemporary Native Beadwork
La Conner, WA
Phone (360) 466-0503
LLKreations@yahoo.com

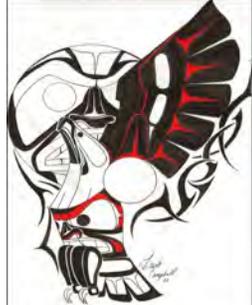
NATIVE AMERICAN BEADWORK



Louis Gobert
Blackfeet Artist

(360) 293-1398 (home #)
(360) 840-1010 (cell #)
(360) 840-3499 (cell #)

- Earrings (Beaded or made from bone and quill)
- Chokers, necklaces, key-chains, pens
- Beaded canes • Beaded hoops



Frank Campbell
Carvings and Prints
for sale in time for Christmas
call 360-466-9114



NAMAPAHH
First People's Radio is hosted and produced by Robin Carneen, an enrolled member of the Swinomish Indian Tribal Community, in La Conner, WA. Topics include-Native American news, views & music & you can listen online at (archives too!);
http://www.blogtalkradio.com/namapahh_radio

NAMAPAHH FIRST PEOPLE'S RADIO
Host/Producer: Robin Carneen
www.blogtalkradio.com/NAMAPAHH_Radio
www.myspace.com/nativeradio4all
robin.carneen@gmail.com

Native Design



Design and distribution of international Indigenous Creations
Wholesale & Ceremonial



For a complete brochure contact:
Ava Goodman
360-420-6950
Lonnie Cutts 360-630-9397
thenativedesign@gmail.com

Swinomish related Biz? Your business card posted free!
Send to: keeyoks@gmail.com
or: 17337 Reservation Road La Conner, WA 98257



Swinomish Indian
Tribal Community

PRSR STD
US Postage Paid
Permit #35
Anacortes, WA 98221



KEE YOKS
kiyuuq^Ws
17337 Reservation Rd.
La Conner, WA 98257
keeyoks@gmail.com

We're on the web!
<http://www.swinomish-nsn.gov/>



search: KEE YOKS Newspaper



OR CURRENT RESIDENT

HAPPY NEW YEAR FROM THE SWINOMISH REALTY OFFICE



Merla Rae Martin
Swen Um Quin Nalx
Realty Officer

Notice:

To all the landowners that own undivided interest in Swinomish Allotments, please be aware that I cannot access your private/personal information with the Office of Special Trustee.

If you need a name change or address update, contact the Office of the Special Trustee in Everett, telephone **(425) 252-4382**. They will send you a form to update your name and address. This is to ensure that they receive all income in their updated accounts. Therefore, it is important to keep account information current.

I invite you to **please** come and use my work telephone here in the Swinomish Realty Office, Swinomish Planning Department, 11430 Moorage Way.

For more information, please call me, 360-466-7302,

Thank you, *Merla Rae Martin*

Open Air Market

If you would like to rent a booth at the Swinomish Open Air Market in La Conner (704 First Street), please submit your request, in writing, to Merla Rae Martin, Swinomish Realty, at the Planning Office, 11430 Moorage Way.

Booths will be leased on an annual basis, from January to December, 2011.

For more information, call 466-7302.

